

Live Life on the Wild Side



Children with Diabetes[®]



Friends for Life[®]

July 5–10, 2022 • Disney's Coronado Springs Resort • Orlando, FL • #FFLOrlando22

A Day With JC

Professional tennis player JC Aragone will share his story of being diagnosed with type 1 diabetes, and how he hopes to inspire others to continue pursuing their goals.

JC's Schedule

Friday, July 8

9:00 AM – 10:00 AM
VIP Session

10:00 AM – 11:00 AM
Novo Nordisk Booth

2:30 PM – 3:30 PM
Novo Nordisk Booth

Saturday, July 9

1:00 PM – 3:00 PM
*"Play with a Pro" in
Veracruz B*

**For more information
please visit us at
booth 301**

JC Aragone is a paid spokesperson for Novo Nordisk.

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Dear CWD Friends,

In February of 2020, dark skies gathered as disquieting news flowed from China. We had a vague sense that the world was about to change, but we didn't quite know how. Like many in the professional diabetes community, I traveled to Madrid for the 13th International Conference on Advanced Technologies & Treatments for Diabetes (ATTD), a showcase of innovation in diabetes care. There, we met with friends and colleagues, learned from experts, and hosted a dinner celebrating the accomplishments of CWD and the International Society for Pediatric and Adolescent Diabetes (ISPAD). Then, a few weeks later, the world closed due to the pandemic. The world had indeed changed.

In 2020, we held Friends for Life Orlando virtually, hoping to bring the education and support to our families the only way possible. Thousands joined, experiencing the enormity of FFL through the smallest of lenses – their computer screens. It was the best we could do, but it felt incomplete.

In 2021, thanks to vaccines and immunity, we held Friends for Life Orlando in person, though smaller in deference to the still real challenge of the pandemic. Though the lens grew much larger, the experience was still incomplete – less than half of the joy that should be at FFL.

This year, in 2022, we return to the fullness of Friends for Life Orlando, thanks to vaccines and boosters and broad immunity. For the thousands here, it's as if the darkness and tumult and chaos of two and a half years has ended and we have awoken to a new world – like Dorothy opening the door after the tornado dropped her house and walking into the full color world of Oz.

This week, we are about to embark upon an amazing journey. We will share and learn and cry together. We will dance and sing and laugh together. We will support and comfort and embrace each other. For those returning to FFL, you will renew the deepest of friendships. For those new to FFL, you will understand the amazement that Dorothy felt as her world changed into something more wonderful than she could have imagined.

And for all of us, to paraphrase Dorothy, there is no place like Friends for Life.



Jeff Hitchcock

Founder and President
Children with Diabetes
jeffh@childrenwithdiabetes.com

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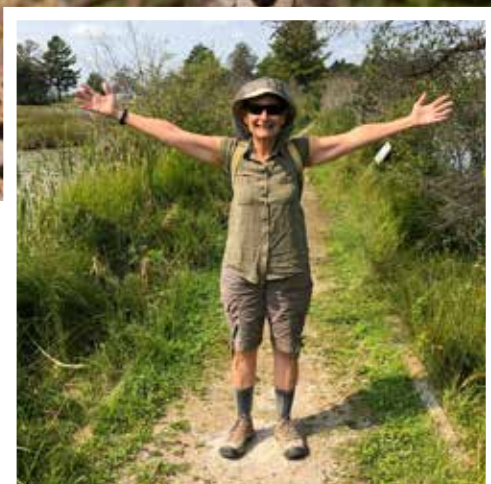
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Dear Family and Friends,

It is so good to see you all again in person. SO good.

While the past two years have been challenging in many ways, there also definitely have been some positives. For CWD, the quiet time has offered us opportunity to dream, brainstorm, strategize, and build. What can we do in the future? How can we grow? Can we extend our reach to touch ever more families here in the US and elsewhere? What will the CWD of the future look like?

For me, it has been a time of reflection about my own direction in the next handful of years. I'm getting close to 'Retirement.' Yikes. While CWD and FFL will always have a prominent place in my heart and on my calendar, so, too, will traveling and hiking and camping in the Alto F1743 which Neal and I purchased in 2018. We've been practicing Retirement. The real travel adventures await!

This week, you will see some familiar CWD staff faces in some brand new roles. Matt Point, Director of Advancement, wears multiple hats at FFL this year. He is at the helm of the very robust scholarship program and he coordinates everything relating to sponsorships. He also continues in his faculty role, primarily with the Young Adult program. CWD Clinical Director Marissa Town assumed the role of Adult Program Coordinator. All of the new faculty and topics you see on the program? That's Marissa's doing. She has brought fresh new energy and ideas to the adult program, and it looks amazing! Finally, allow me to introduce Sasha Squibb, CWD's Creative Director. The new look of FFL – the logos and signage and other fun visual stuff – that's primarily Sasha's doing. She also brings event planning skills and will be assuming the role of FFL Food and Beverage Coordinator in 2023.

Phew! Those are some big and wonderful changes. Matt, Marissa, and Sasha – along with the hundreds of volunteers who support our FFL events – will continue to work with Jeff and me in the years to come. This is an exciting time of transition and growth. We are back with fresh energy and initiative, and we are ready for the next FFL adventures.

Thanks for sharing the week with us!

Friends for Life,

Laura Billetdeaux



Laura Billetdeaux

Vice President, Education and Programs
Children with Diabetes
laurab@childrenwithdiabetes.com

Live the Moments That Count

t:slim X2 Insulin Pump WITH Control-IQ TECHNOLOGY

Audrina
diagnosed
2016

- ✓ Adjusts basal insulin delivery to help prevent highs and lows
- ✓ Delivers automatic correction boluses (up to one per hour)*
- ✓ Dedicated Exercise Activity and Sleep Activity for more targeted control

tandemdiabetes.com/kids



Control-IQ technology does not prevent all highs and lows. You must still bolus for meals and actively manage your diabetes. Visit tandemdiabetes.com/tslimX2-use for more information.

* If glucose values are predicted to be above 180 mg/dL, Control-IQ technology calculates a correction bolus using the Personal Profile settings and a target of 110 mg/dL and delivers 60% of that value. An Automatic Correction Bolus will not occur within 60 minutes of a bolus that has been delivered or cancelled.

Important Safety Information: RX ONLY. The t:slim X2 pump and Control-IQ technology are intended for single patient use. The t:slim X2 pump and Control-IQ technology are indicated for use with NovoLog or Humalog U-100 insulin. **t:slim X2 insulin pump:** The t:slim X2 insulin pump with interoperable technology is an alternate controller enabled (ACE) pump that is intended for the subcutaneous delivery of insulin, at set and variable rates, for the management of diabetes mellitus in people requiring insulin. The pump is able to reliably and securely communicate with compatible, digitally connected devices, including automated insulin dosing software, to receive, execute, and confirm commands from these devices. The t:slim X2 pump is indicated for use in individuals six years of age and greater. **Control-IQ technology:** Control-IQ technology is intended for use with a compatible integrated continuous glucose monitor (iCGM, sold separately) and ACE pump to automatically increase, decrease, and suspend delivery of basal insulin based on iCGM readings and predicted glucose values. It can also deliver correction boluses when the glucose value is predicted to exceed a predefined threshold. Control-IQ technology is intended for the management of Type 1 diabetes mellitus in persons six years of age and greater.

WARNING: Control-IQ technology should not be used by anyone under the age of six years old. It should also not be used in patients who require less than 10 units of insulin per day or who weigh less than 55 pounds.

Control-IQ technology is not indicated for use in pregnant women, people on dialysis, or critically ill patients. Do not use Control-IQ technology if using hydroxyurea. Users of the t:slim X2 pump and Control-IQ technology must: use the insulin pump, CGM, and all other system components in accordance with their respective instructions for use; test blood glucose levels as recommended by their healthcare provider; demonstrate adequate carb-counting skills; maintain sufficient diabetes self-care skills; see healthcare provider(s) regularly; and have adequate vision and/or hearing to recognize all functions of the pump, including alerts, alarms, and reminders. The t:slim X2 pump, and the CGM transmitter and sensor must be removed before MRI, CT, or diathermy treatment. Visit tandemdiabetes.com/safetyinfo for additional important safety information.

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A virtual pump demo on your smartphone





Dear Friends for Life,

Welcome back to the most important, life-changing week in the experiences of people with diabetes. We have all endured the past two years, with social distancing, with masking, with vaccinations, but most of all, we have endured our loss of the social support we all have found in our annual face-to-face Friends for Life events every year.

Even though last year, we experienced Friends for Life “lite” under the spectre of COVID-19, we based our activities on the principle of safety first, for all of our attendees and our staff of Children with Diabetes, and offered the first and largest meeting in diabetes in the United States, with zero infections. Thanks to all of you for your understanding and adherence to the many steps we have taken to assure OUR safety.

This year, we are moving forward, full bore, and presenting Friends for Life as we have remembered it, on “steroids,” but always maintaining our commitment to safety first! We have the full spectrum of activities for children and adults, for friends and family, for siblings and grandparents, for green and orange bracelets – everything we remembered from before COVID! Our educational programs will be as robust as ever, as will be our social programming, allowing for us to make new Friends for Life, as well as to refresh our existing Friendships!

We thank you for your loyalty in remaining with us as we carefully navigated through the past two years, and we anticipate many more years to come.

Welcome back, Friends for Life; and welcome, friends for life!

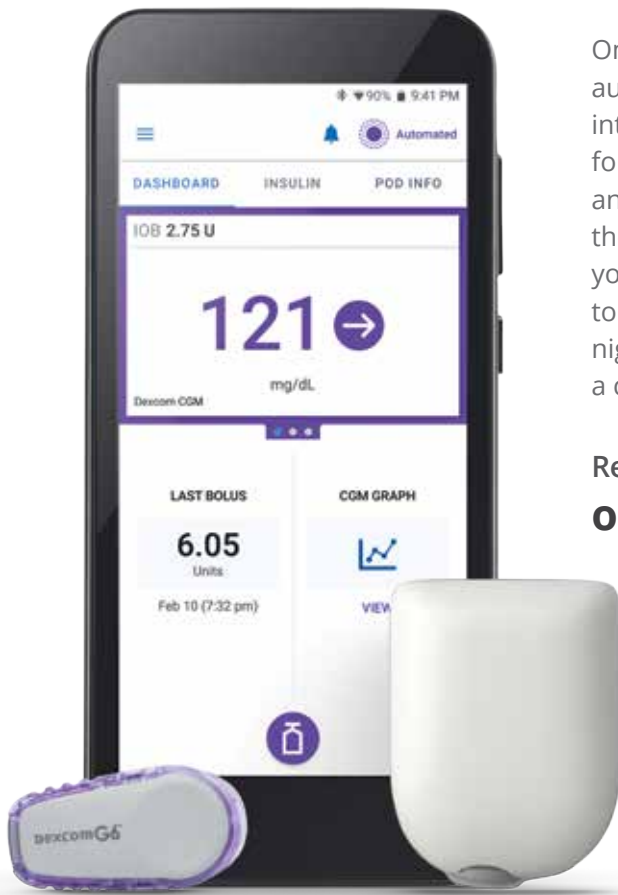


Kenneth P. Moritsugu, MD, MPH, FACPM
Former Surgeon General of the United States

Chairman of the Board, Children with Diabetes
ken@childrenwithdiabetes.com

NOW AVAILABLE

MEET THE Omnipod[®] 5 System



Pod and Dexcom G6 shown without the necessary adhesive.
Dexcom G6 sold separately.

Omnipod 5, the first and only tubeless, automated insulin delivery system to integrate with Dexcom G6, is now available for people with type 1 diabetes ages 6 years and older. SmartAdjust[™] technology in the Pod adjusts insulin delivery based on your customized Target Glucose—helping to protect against highs and lows, day and night.* Plus, it can all be controlled from a compatible smartphone.†

Ready to go tubeless? Get started at
omnipod.com/CWD

* Study in 240 people with T1D aged 6 - 70 years involving 2 weeks standard diabetes therapy followed by 3 months Omnipod 5 use in Automated Mode. Average overnight time (12AM-6AM) with high blood glucose in adults/adolescents and children for standard therapy vs Omnipod 5 = 32.1% vs. 20.7%; 42.2% vs. 20.7%. Average day time (6AM-12AM) with high blood glucose in adults/adolescents and children for standard therapy vs Omnipod 5 = 32.6% vs. 26.1%; 46.4% vs. 33.4%. Median overnight time (12AM-6AM) with low blood glucose in adults/adolescents and children for standard therapy vs Omnipod 5 = 2.07% vs. 0.82%; 0.78% vs. 0.78%. Median day time (6AM-12AM) with low blood glucose in adults/adolescents and children for standard therapy vs Omnipod 5 = 1.91% vs. 1.08%; 1.17% vs. 1.62%. Brown et al. Diabetes Care (2021).

† For a list of compatible smartphone devices visit omnipod.com/compatibility

The Omnipod 5 Automated Insulin Delivery System is indicated for use by individuals with type 1 diabetes mellitus in persons 6 years of age and older. The Omnipod 5 System is intended for single patient, home use and requires a prescription. The Omnipod 5 System is compatible with the following U-100 insulins: NovoLog[®], Humalog[®], and Admelog[®].

The Omnipod 5 ACE Pump (Pod) is intended for the subcutaneous delivery of insulin, at set and variable rates, for the management of diabetes mellitus in persons requiring insulin. The Omnipod 5 ACE Pump is able to reliably and securely communicate with compatible, digitally connected devices, including automated insulin dosing software, to receive, execute, and confirm commands from these devices. SmartAdjust[™] technology is intended for use with compatible integrated continuous glucose monitors (iCGM) and alternate controller enabled (ACE) pumps to automatically increase, decrease, and pause delivery of insulin based on current and predicted glucose values.

The Omnipod 5 SmartBolus Calculator is intended to calculate a suggested bolus dose based on user-entered carbohydrates, most recent sensor glucose value (or blood glucose reading if using fingerstick), rate of change of the sensor glucose (if applicable), insulin on board (IOB), and programmable correction factor, insulin to carbohydrate ratio, and target glucose value.

WARNING: SmartAdjust technology should NOT be used by anyone under the age of 6 years old. SmartAdjust technology should also NOT be used in people who require less than 6 units of insulin per day as the safety of the technology has not been evaluated in this population. The Omnipod 5 System is NOT recommended for people who are unable to monitor glucose as recommended by their healthcare provider, are unable to maintain contact with their healthcare provider, are unable to use the Omnipod 5 System according to instructions, are taking hydroxyurea as it could lead to falsely elevated CGM values and result in over-delivery of insulin that can lead to severe hypoglycemia, and do NOT have adequate hearing and/or vision to allow recognition of all functions of the Omnipod 5 System, including alerts, alarms, and reminders. Device components including the Pod, CGM transmitter, and CGM sensor must be removed before Magnetic Resonance Imaging (MRI), Computed Tomography (CT) scan, or diathermy treatment. In addition, the Controller and smartphone should be placed outside of the procedure room. Exposure to MRI, CT, or diathermy treatment can damage the components. Visit www.omnipod.com/safety for additional important safety information.

WARNING: DO NOT start to use the Omnipod 5 System or change settings without adequate training and guidance from a healthcare provider. Initiating and adjusting settings incorrectly can result in over-delivery or under-delivery of insulin, which could lead to hypoglycemia or hyperglycemia.

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Dear CWD Friends,

Growing up through CWD's Friends for Life program allowed me to realize early in life how rewarding it was to help other people with diabetes. Simply by talking to parents of young children with diabetes and being a healthy older child, I was able to give parents some relief from the added stress of being a parent of a child with diabetes. For children with diabetes, even my peers, I saw how much it helped to be exposed to others with diabetes to help feel more confident about their own diabetes.



I realize how privileged I am to have attended Friends for Life since its inception, and it has helped me immeasurably. I have lived with T1D for 32 years, and although I gained some COVID weight like many others, I am actually pretty healthy. This is something that my parents always strived for after my diagnosis back in 1989. Good health is not a given, diabetes or not, and I am so grateful for all of their hard work over many years.

Today, I am a Registered Nurse, a Diabetes Educator, a mother of two young children, an active member of my community and country, a diabetes advocate, and as of a year ago, the Clinical Director for Children with Diabetes. I have the privilege of helping other people with diabetes and their families find the support, education, and empowerment that they need to help live life how they want to, without letting diabetes get in the way.

My dream is that everyone with diabetes has enough education and support throughout their diabetes journey. Diabetes is here to stay. We have to keep at it day after day, no matter how much we don't want to. There are times when managing diabetes feels a little easier, and times where it just knocks you down – physically or more likely, emotionally.

We are here in Orlando with over 200 volunteers, 17 sponsors, 40 exhibitors, several dozen speakers, and our official CWD Team of 5 employees, to make sure your diabetes "gas tank" is refilled. Whether you need to fill your tank with knowledge, with shared laughs or tears, or with learning about new products that will make your diabetes life easier, we hope that you find it here this week.

If you're a long time Fiffle, we hope you connect with some new families this year. First Timers – we're so glad you're here! Thank you all for taking the time to join us this week. Please give us feedback at the any time. We pay attention to your comments – it helps us make the program even better in years to come.

Welcome to Friends for Life!

Marissa Town



Marissa Town, BSN, RN, CDCES

Clinical Director
Children with Diabetes
marissatown@childrenwithdiabetes.com

112  mg/dL



FreeStyle
Libre 3

The FreeStyle Libre 3 system is now FDA cleared!

Delivers minute-to-minute glucose readings directly to your smartphone*

- The world's smallest, thinnest,[†] and most accurate¹ glucose sensor
- Same^{2‡} affordable^{2§} price as other FreeStyle Libre systems
- The LibreLinkUp app[¶] allows caregivers to see current glucose information, trend arrow and 12-hour historical graph, set their own alarm notifications, and receive alarms in real time**



Learn more at our Booth (#311) or at [FreeStyle.Abbott](https://www.FreeStyle.Abbott)

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The FreeStyle Libre 3 system is indicated for use in people with diabetes age 4 and older.

At this time, FreeStyle Libre 3 is not currently eligible for Medicare reimbursement, and Medicaid eligibility may vary by state. Medicare coverage is available for the FreeStyle Libre 2 system if the FreeStyle Libre 2 reader is used to review glucose data on some days every month. Medicare and other third party payor criteria apply. Abbott provides this information as a courtesy, it is subject to change and interpretation. The customer is ultimately responsible for determining the appropriate codes, coverage, and payment policies for individual patients. Abbott does not guarantee third party coverage or payment for our products or reimburse customers for claims that are denied by third party payors.

* The FreeStyle Libre 3 app is only compatible with certain mobile devices and operating systems. Please check our website for more information about device compatibility before using the app. Use of the FreeStyle Libre 3 app requires registration with LibreView.

† Among patient-applied sensors.

‡ Based on a comparison of list prices of the FreeStyle Libre 3 system versus previous generations of FreeStyle Libre Personal CGM systems. The actual cost to patients may or may not be lower than other CGM systems, depending on the amount covered by insurance, if any. Does not include Medicare, Medicaid, and uninsured patients.

§ Based on a comparison of list prices of the FreeStyle Libre 3 system versus competitors' CGM systems. The actual cost to patients may or may not be lower than other CGM systems, depending on the amount covered by insurance, if any. Does not include Medicare, Medicaid, and uninsured patients.

¶ The LibreLinkUp app is only compatible with certain mobile devices and operating systems. Please check www.librelinkup.com for more information about device compatibility before using the app. Use of the LibreLinkUp app requires registration with LibreView. LibreLinkUp is not intended to be used for dosing decisions. The user should follow instructions on the continuous glucose monitoring system. LibreLinkUp is not intended to replace self-monitoring practices as advised by a physician.

** The user's device must have internet connectivity for glucose data to automatically upload to LibreView and to transfer to connected LibreLinkUp app users.

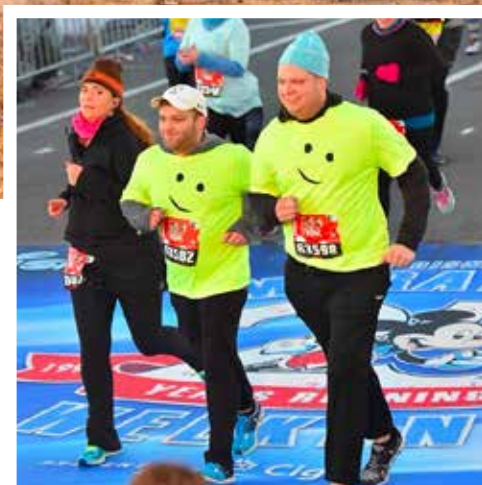
References: 1. FreeStyle Libre 3 User's Manual. 2. Data on file. Abbott Diabetes Care.

Important Safety Information

Failure to use FreeStyle Libre 3 system as instructed in labeling may result in missing a severe low or high glucose event and/or making a treatment decision, resulting in injury. If glucose alarms and readings do not match symptoms or expectations, use a fingerstick value from a blood glucose meter for treatment decisions. Seek medical attention when appropriate or contact Abbott at 855-632-8658 or <https://www.FreeStyle.abbott/us-en/safety-information.html> for safety info.

The circular shape of the sensor housing, FreeStyle, Libre, and related brand marks are marks of Abbott. Other trademarks are property of their respective owners.

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Dear Friends,

Welcome! I am ecstatic that we are back together for a FULL Friends for Life Orlando—I know that it's truly going to be best week of 2022. I also want to extend an extra special welcome to our new Fiffles (Friends for Life) who are first timers here this week and to our scholarship recipients – 30 families!

Did you know that in 2021 Children with Diabetes held its largest ever fundraising campaign to date? The campaign, 100 Years of Us, raised more than \$146,000 to benefit the Friends for Life scholarship fund. I am truly astounded by the support you all provide to our organization—it means the world to us and the families that we serve. On Saturday, July 9, CWD will host an inaugural golf outing at Disney's Oak Trail golf course benefiting the Friends for Life scholarship fund. Not a golfer? That's ok—me neither! However, you can still support our scholarship fundraiser during FFL this week by giving generously at cwd.is/FundFFL. Please know that the more money we raise, the more families we can give the gift of FFL!

Over the past year I have had the privilege of taking on more responsibility within the organization. From visiting venues for future Friends for Life conferences – to representing Children with Diabetes to our partners in diabetes, I could not have asked for a better year. That said, every day I grow even more excited about the new opportunities that we can share with our families and the individuals we serve who are living with type 1 every day. If you are new to our community—welcome! If you have been around a while—welcome back! I want to invite you to explore a new opportunity with CWD—whether it's attending our Screenside Chats, MasterPiece Product Theaters or checking out some of the fun on our YouTube channel; we're rolling out new programs all the time!

So, again, thank you—thank you to our attendees and sponsors for being here, for sharing your lives with us, and for your support. It is going to be a 'wild' week—so, I hope you're ready!

Your Friend for Life,

Matthew Point



Matthew Point, MS

Director of Advancement
Children with Diabetes
matt@childrenwithdiabetes.com

Look Closer at Eye Health

Focus on Diabetes is an initiative of the American Diabetes Association® that brings together leading organizations in vision care to increase awareness of, and help to reduce, treat, and manage, diabetes-related eye disease.

For support and educational resources go to: www.diabetes.org/eyehealth



Visit our exciting expeditions at the
American Diabetes Association
Booth #323





To My Friends for Life,

Allow me to introduce myself—I'm Sasha Squibb, the new Creative Director at CWD! I'm the new face around Children with Diabetes and Friends for Life; however, I already feel like part of the family. I work closely with the team to help tell the Friends for Life story in a fun and creative way.



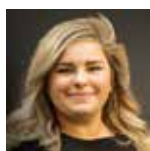
I was diagnosed with type 1 diabetes in December 1994 at the age of three. To no fault of their own, my parents were disconnected and unaware of the resources available for families living with type 1, especially in the rural area where I was raised. It wasn't until six years ago, at 24 years old, that a friend connected me to the T1D community in Southwest Ohio. After going through diabetes burnout for years, I finally found the education, community, and resources to ease the burden of managing diabetes. I've been dedicated to offering outreach and support to other families living with type 1 diabetes ever since.

This April I attended my first regional Friends for Life in Indianapolis. From what they tell me, it was not the typical FFL experience as we were coming off yet another surge of COVID. Nonetheless, I was blown away by the warmth and instantaneous acceptance into the Friends for Life circle. The friendships that I made in just three short days are friendships that will last a lifetime. First Timers, let me assure you, you are in good hands. The friends you make this week are here to love and encourage you, not just this week, but from afar throughout the year until we are together again at our home away from home at Disney's Coronado Springs Resort.

I'm honored to be part of this organization and Friends for Life family. I look forward to meeting new friends and seeing old ones. Please come find me and introduce yourself!

Your New Friend for Life,

Squibb



Sasha Squibb

Creative Director
Children with Diabetes
sasha@childrenwithdiabetes.com



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Center



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Lilly



Ray Benedetto, DM, MS, LFACHE

Ramon (Ray) Benedetto, DM, MS, LFACHE is a retired US Air Force Colonel and an active consultant sought for his expertise in organizational transformation, leadership, culture, and performance excellence. During a distinguished 28-year military career, he was a change leader in a diversity of assignments that included initiating the All-Volunteer force, restructuring the Air Force, and transforming the Military Health Services System into TRICARE. In civilian life he has guided corporate transformations within the healthcare industry and co-founded GuideStar, Inc.® to serve leaders of small to mid-sized enterprises in building high-performing, character-based organizations.

Ray is board certified by the American College of Healthcare Executives where he is also a Life Fellow. He is co-author of *It's My Company Too! How entangled organizations move beyond employee engagement for remarkable results* (2012) and numerous national press articles. His military decorations include the Defense Superior Service Medal and five Air Force Meritorious Service Awards. In addition to holding degrees from Penn State, the University of Southern California, and University of Phoenix, he is a graduate of Air War College and the National Defense University.

Ray and Joan have been married 51 years and are parents to Jayce who was diagnosed with T1D in 2013 when he was 18 months old. They also have three adult children and six other grandchildren who reside in Illinois and Ohio. They live in Batavia, IL, which is 35 miles west of Chicago in the Fox River Valley and have been attending FFL since 2015. Jayce is now in the Tween program and loves his FFLs as well as working at the sticker table. Ray was diagnosed with T2 in 2018. As a family, Ray, Joan, and Jayce strive to educate others about T1D whenever opportunities arise and to advocate for better insurance coverage, lower premiums and co-pays, accessibility, and more informed medical professionals.

Friday	11:00 - 12:00	Yucatan	Dads of FFL's (DoFFLs) Down to Earth
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Angelina Bernier, MD

Dr. Angelina Bernier is a pediatric endocrinologist at the University of Florida. She focuses her time on establishing clinical expertise and innovation in the care of children with obesity and diabetes. Dr. Bernier has received funding from private foundations and local grants to support clinical studies of advanced diabetes technology and educational multimedia programs to improve the care and education of children with diabetes. Dr. Bernier is a Clinical Associate Professor of Pediatrics and Program Director of the Pediatric Endocrine Fellowship.

Thursday	3:30 - 4:30	Fiesta 2	PCOS, Periods, and Diabetes
Friday	9:00 - 10:00	Coronado K	The Importance of Sick Day Management with Diabetes
Friday	11:00 - 12:00	Durango	Making Your Healthcare Team Your Ally



Grace Billetdeaux

Grace Billetdeaux is very excited to be staffing her 11th year of Friends for Life conferences! She has a connection to type 1 diabetes through her late grandfather, who lived with it for over 70 years, and her husband Sam, who lives with type 1 diabetes. Grace currently lives in Detroit where she works as a director of integrated marketing strategy.

Wednesday	3:30 - 4:30	Coronado AB	Support for Significant Others
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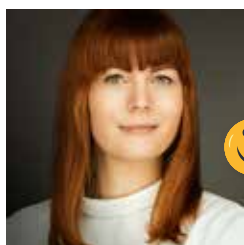
DID YOU KNOW?

A lion's roar can be heard up to five miles away! At 114 decibels, it is one of the loudest noises made by an animal.





The Conference Faculty



Katarina Braune, MD

As a medical doctor and researcher of Charité – Universitätsmedizin Berlin and Digital Clinician Scientist of the Berlin Institute of Health, Head of Medical of Dedoc Labs, and Female Science Talent 2022 of the Falling Walls Foundation, **Dr. Katarina Braune's** mission is to revolutionize diabetes care through interdisciplinary collaboration, digital technology, and by shifting traditional paradigms.

Living with diabetes for 20+ years, she is empowering others and raising awareness about innovations emerging from the patient community as a global advocate and public speaker. As co-chair of the not-for-profit organization Hacking Health Berlin, she is actively promoting the paradigm shift in healthcare towards patient centricity, e.g. through interdisciplinary hackathons and as an independent consultant and mentor for emerging and leading med-tech companies.

Katarina went to Medical School and completed clinical rotations in Germany, Switzerland, South Africa, Spain, London, and Malta and completed her residency in Pediatrics in 2021. She provided Medical support to refugees from mainly Syria, Iraq, and Afghanistan during the crisis in 2015/16 and now to refugee children with diabetes from Ukraine. Currently, she is undertaking a double fellowship in Pediatric Endocrinology and Medical Informatics at Charité and recently joined Dr. Rayhan Lal's team at the Stanford Diabetes Research Center.

Katarina is co-leading the EU Horizon 2020-funded and patient-led project "OPEN", which investigates the #WeAreNotWaiting movement, where an online peer-support community of people with diabetes turned their existing devices into so-called „do-it-yourself“ or „open-source“ automated insulin delivery systems towards the goal of making state-of-the-art diabetes technology available to everyone.

Thursday

1:30 - 2:30

Coronado K

The DIY APS Movement: How People with Diabetes Help Each Other



Bruce Buckingham, MD

Bruce Buckingham, MD, is a Professor in the Department of Pediatric Endocrinology at Stanford Medical Center and Stanford Children's Hospital. His research focuses on continuous glucose monitoring in children and closed-loop (artificial pancreas) systems. He has been active as the principal investigator at Stanford in multiple NIH, JDRF and Helmsley sponsored research studies. He is currently doing multicenter closed-loop studies with Medtronic Diabetes, Type Zero, the University of Virginia, Insulet, Bionic Pancreas, Bigfoot Biomedical, Tandem, Rensselaer Polytechnic Institute, and Cambridge. His other interests include algorithms for detecting infusion set and sensor failures and to improve infusion set wear duration.

Thursday

1:30 - 2:30

Coronado K

Diabetes Technology Research Update

Friday

9:00 - 10:00

Coronado J

Key Goals in Diabetes Management: Pediatric and Adult



Erin Callahan

Erin joined the DPAC team with a passion for our mission to ensure quality of and access to care, medications and devices for people living with diabetes. She comes to DPAC after 6 years with the American Diabetes Association most recently as Director –Consumer and Community Impact . Since her T1D diagnosis in 1986, Erin hasn't let diabetes slow her down and is eager to continue working on behalf of the diabetes community that inspires and motivates the DPAC team every day.

Friday

9:00 - 10:00

Yucatan

State Update: What Can States Do to Make Healthcare Affordable



DID YOU KNOW?



An elephant's trunk is probably the most versatile and useful appendage on the planet. It is a nose, an arm, a hand, a voice, a drinking straw, a hose and much more, but youngsters may take years to truly master its usage.



Phyllisa Deroze, PhD

Phyllisa Deroze, PhD, is a global diabetes patient advocate. She began blogging at DiagnosedNOTdefeated.com almost immediately after being diagnosed with type 2 diabetes in 2011. Last summer, however, she learned that she has type 1 diabetes and spent the past eight years misdiagnosed. In addition to her blog, she founded Black Diabetic Info; a website dedicated to increasing cultural-competent diabetes information. Phyllisa has graced the cover of Health Monitor magazine and been featured in Diabetic Living, Diabetes Focus, and others magazines and newsletters. Her passion for diabetes lifestyle advocacy can be seen in her YouTube vlogs, social media posts, in-person workshops, published essays, and keynote speeches that she has given in five countries. Her motto "Diagnosed Not Defeated," is an inspiration for anyone diagnosed with diabetes and takes on new meaning for her after being diagnosed with diabetes twice.

Thursday	11:00 - 12:00	Coronado CD	Diagnosed in Adulthood
Thursday	1:30 - 2:30	Coronado AB	Finding your Diabetes Support System
Friday	1:30 - 2:30	Coronado EF	Advocating for Yourself with Your Healthcare Team



Daniel DeSalvo, MD

Daniel DeSalvo, MD, (or Dr. Dan as his patients call him) is a pediatric endocrinologist at Baylor College of Medicine / Texas Children's Hospital where he serves as Director of Strategic Collaboratives. As a sophomore at Baylor University, his life changed forever when he was diagnosed with type 1 diabetes, which ultimately directed his career path. After graduating from Texas A&M College of Medicine, he completed Pediatric Residency at The George Washington University School of Medicine where he was appointed Chief Resident, followed by a Postdoctoral Fellowship in Pediatric Endocrinology at Stanford University. Now, as a pediatric endocrinologist his greatest passion is helping others live well with diabetes, and he considers it a remarkable privilege to shepherd families on their diabetes journey. He currently serves on the T1D Exchange Quality Improvement Collaborative, Beyond Type 1 Scientific Advisory Council, and College Diabetes Network Clinical Research Advisory Committee. As a patient-oriented clinical researcher, his primary focus is on emerging diabetes technology including closed-loop automated insulin delivery systems. Dr. Dan enjoys an active life, which includes running, cycling, swimming, skiing, hiking and playing sports with his two young boys!

Friday	9:00 - 10:00	Fiesta 2	Staying Safe with Sex and Substances and Diabetes
Friday	11:00 - 12:00	Coronado K	Fine Tuning Your Closed-Loop System
Friday	1:30 - 2:30	Coronado K	Diabetes Life Hacks: Tips & Tricks in Diabetes Management



Leigh Fickling, MEd, MS, JD

Collector of orange and green wristbands, **Leigh Fickling, MEd, MS, JD**, is the Director of the Disability Resource Center at the University of North Carolina at Wilmington. With over 25 years of higher education administration experience, Leigh is an expert in college and workplace accommodations for individuals with disabilities. As a former solo legal practitioner, Leigh's law firm specialized in education law, disability law, and family law. Leigh is the mom to twins, Ava (green band) and Davis (orange band), and can most often be found in the FFL hallways shouting, "SLOW DOWN!" Leigh feels that FFL is the number one most important tool in her diabetes tool kit and can't imagine trying to dia-beat-this without the strong support from her friends for life. FFL Conferences are the highlight of the year for the Fickling family and they can't wait to welcome new and returning families into their circle of friends! #greenandorangeforallife

Wednesday	11:00 - 12:00	Coronado AB	Type Au-Some
Thursday	1:30 - 2:30	Yucatan	Taking Diabetes to Campus, the Office and Abroad
Friday	1:30 - 2:30	Yucatan	Mom's Wine and Crafts



Looking for a quiet space? Coronado RST is available during sessions for adults and children needing a break from the hustle and bustle.



Denotes faculty member with diabetes



The Conference Faculty



Elizabeth Forrest

Elizabeth Forrest is a highly regarded Central Florida community healthcare advocate for those impacted by type 1 diabetes. She serves as a resource for several public school systems in addressing the needs of students with type 1 diabetes and has worked with Advent Health as panel leader for the 2018 World Diabetes Day Panel at Dr. Phillips Center for the Performing Arts. She is regularly included on nomination lists for community activist awards among them Orlando Business Journal's Women Who Mean Business and I4 Business' Inspired Leadership Award. In 2018, Orlando Magazine recognized her as a Woman of the Year and in 2021, Orlando Family Magazine recognized Elizabeth as one of Orlando's Superwomen! Elizabeth is available for speaking engagements in support of spreading awareness about the impact the type 1 diabetes has on approximately 1.25 million American children and adults. What started as a community fundraiser organized by a middle school student and small group of trusted advisers has blossomed into a year-round 501c3 nonprofit organization affecting children, adults and families across the United States and beyond. Elizabeth is originally from Plantation, Florida but grew up in Sanford, Florida and graduated from Seminole High School's International Baccalaureate program and Dazzler Dance Team. Elizabeth has a Bachelor's Degree from the University of Florida and a Master's Degree from the University of Central Florida. Elizabeth completed several internships focused on public service, to include the Child Advocacy Center in Gainesville, Florida, the Partnership for Public Service in Washington, D.C. and the Clinton Foundation in New York, New York. Elizabeth leads the organization with passion and energy, as a volunteer. Elizabeth is the Chief Operating Officer at Dan Newlin Injury Attorneys in Orlando, Florida. She is married to Jeff, mother to Jeffrey, and they have a Labrador Retriever named Basal.

Thursday	11:00 - 12:00	Fiesta 2	Managing Pregnancy with T1D
Friday	1:30 - 2:30	Durango	Young Adult Panel for Parents: Ask Us Anything



Robert Gabbay, MD, PhD, FACP

Robert A. Gabbay, MD, PhD, FACP, is the Chief Scientific and Medical Officer for the American Diabetes Association (ADA), the global authority on diabetes. Dr. Gabbay leads the ADA's efforts to drive discovery within the world of diabetes research, care and prevention.

With over 35 years of clinical and research experience, and as a practicing endocrinologist, Dr. Gabbay has extensive experience in interventions targeting primary care and quality improvement. His research has been focused on innovative models of diabetes care to improve diabetes outcomes and the lives of people with diabetes.

Dr. Gabbay has received funding from the National Institute of Health Diabetes, Digestive and Kidneys Diseases (NIDDK), the Agency for Healthcare Research and Quality (AHRQ), and the Center for Medicare and Medicaid Innovation for his care transformation work. The reach of his work has been recognized through leadership roles in national and international activities including serving as a visiting professor, keynote speaker and on organizing committees for global meetings of the ADA, International Diabetes Federation, Endocrine Society, and the Diabetes Technology Society. Along with an extensive peer reviewed publication record, he has also appeared in popular press including the New York Times, CNN, Oprah, the Washington Post and NPR.

Previously, Dr. Gabbay served as the Chief Medical Officer and Senior Vice President at Joslin Diabetes Center, and Associate Professor at Harvard Medical School. At Joslin, he oversaw the clinical care for over 25,000 patients, as well as the education and care programs Joslin delivers nationally and internationally.

Dr. Gabbay obtained his B.Sc. Degree at McGill University and his Ph.D. in Biochemistry from the University of Wisconsin where he published on mechanisms of insulin signaling. He received his M.D. from the State University of New York at Brooklyn School of Medicine with a residency in Internal Medicine at New York Hospital-Cornell and a fellowship in Endocrinology, Diabetes and Metabolism at a joint Joslin-Beth Israel Deaconess-Brigham and Women's Hospital program at Harvard University. Dr. Gabbay was also a visiting scientist at MIT and a Professor of Medicine at Pennsylvania State University College of Medicine.

Thursday	3:30 - 4:30	Coronado K	Diabetes is Changing Quickly: The Latest Breakthroughs...
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Julie Gettings, PhD

Julie Gettings, PhD, is the clinical psychologist within the Division of Endocrinology & Diabetes at Children's Hospital of Philadelphia. Dr. Gettings works with youth and their families on improving adherence to diabetes management tasks, coping with chronic illness, improving family functioning surrounding illness management, and treating symptoms of mental health disorders. Prior to the current position, Dr. Gettings was the diabetes psychologist at Children's Hospital of Pittsburgh and served in a similar role. Dr. Gettings is involved in clinical research with a particular focus on mental health screening for youth with chronic illness.

Thursday	1:30 - 2:30	Durango	Parenting Tweens and Teens with Diabetes
Thursday	3:30 - 4:30	Coronado AB	Grandparents Discussion: Common Fears
Friday	1:30 - 2:30	Coronado H	Anxiety, Depression, and Diabetes





Jasmine D. Gonzalvo, Pharm.D, BCPS, BC-ADM, CDCES, LDE, FAADE

Jasmine D. Gonzalvo, Pharm.D, BCPS, BC-ADM, CDCES, LDE, FAADE, is a Clinical Associate Professor of Pharmacy Practice in the College of Pharmacy at Purdue University. Her clinical practice for Eskenazi Health involves the provision of Cardiovascular Risk Reduction services operating under a collaborative practice agreement in a population with serious mental illness and for those who primarily speak Spanish in an underserved population. Dr. Gonzalvo's research interests and publications relate to cardiovascular risk reduction in individuals with serious mental illness, integration of the Spanish language into both her practice and academic settings, and diabetes self-management education and services in the pharmacy setting. Her teaching areas within the College of Pharmacy involve diabetes, dyslipidemia, patient-centered medical homes, motivational interviewing, and cultural competence. She served on the Board of Directors for the American Association of Diabetes Educators (AADE) from 2015 through 2017. She is the current Chair of the Board of Directors for the Certification Board for Diabetes Care and Education Specialists. She is active in diabetes-related advocacy efforts at the state and federal levels. In 2018, she was appointed as one of 12 non-federal members to the National Clinical Care Commission. She has been recognized with several teaching and mentorship awards throughout her career.

Thursday	1:30 - 2:30	Coronado J	Diabetes on a Budget...
Friday	9:00 - 10:00	Coronado H	Everything But Insulin: Other Medications for T1D Care



Dr. James Greening, MBBS, MRCPCH

Dr. James Greening, MBBS, MRCPCH, is the lead Children's diabetes consultant at Leicester Royal Infirmary in the UK. He is also the clinical lead for research for the Children's hospital in Leicester. He has looked after children with diabetes for 22 years working with colleagues. He trained at Great Ormond Street Hospital London and is now leading the academic and clinical unit at Leicester Royal Infirmary. It is a large unit and is very research active. It is from this standpoint that he and his team have developed the Deapp education program, combining their understanding of diabetes from both an academic and clinical point of view. James has lead the Deapp program over the last five years from its inception to now its successful launch in the UK, co-founding HEAL.med. He and his team are now excited to bring Deapp to the Friends for Life conference to share our experience.

Friday	1:30 - 2:30	Coronado M	Putting the Fun Back into Diabetes Education...
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Leah Groppo, RD, MS, BC-ADM, CDCES

Leah Groppo, RD, MS, BC-ADM, CDCES graduated from California Polytechnic State University San Luis Obispo, earning a Bachelor of Science degree in Nutrition. Leah completed her dietetic internship at Keene State College in Keene, New Hampshire and her Masters of Science in Nutrition at Arizona State University. For her first job, she worked for a federally qualified community health center, where she discovered her passion for working in diabetes self-management. She saw directly how blood glucose control - along with diet and lifestyle changes - makes a big impact on improving the lives of her patients.

Leah has experience counseling patients on how to achieve their health goals, interpret pump and cgm data focused on customized diabetes management. At Stanford, she teaches diabetes education classes, attends one-on-one appointments, teaches fellows and medical students and mentor's interns. Leah is board certified in advanced diabetes management.

Thursday	1:30 - 2:30	Coronado CD	Celiac and Diabetes
Thursday	3:30 - 4:30	Coronado EF	Carb Counting Tips and Tricks
Friday	9:00 - 10:00	Durango	Fat and Protein Boluses
Friday	1:30 - 2:30	Coronado J	Adjusting Diabetes Care for Dietary Desires



We have a videographer and photographer along for the safari this week. Show your bracelets, diabetes gear, and get a picture with your Fiffles if you see Chris or Jordan out and about with their cameras!





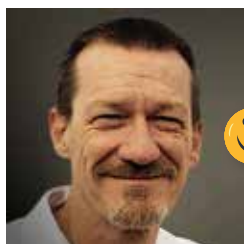
The Conference Faculty



Jeff Hitchcock

Jeff Hitchcock is the Founder, President, creator, editor, and webmaster of Children with Diabetes. After earning a degree in computational mathematics in 1981, Jeff worked in high tech and traveled the world, meeting Brenda, who would become his wife, in Africa. In September of 1989, their first child was diagnosed with type 1 diabetes at the age of two. Jeff worked in defense related industries until 1995, when he started a small internet company and launched Children with Diabetes to share his family's experience caring for a child with T1D. He subsequently worked at LEXIS-NEXIS and Pearson plc on Internet initiatives, and now works full time bringing Children with Diabetes to you. Jeff also serves on the Board of Directors for the Diabetes Patient Advocacy Coalition (DPAC) and Beta Bionics.

Thursday	9:00 - 10:00	Coronado HJK	Opening Keynote: Evolution of CWD
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Michael Hunter

Michael Hunter is the first (and remains the only) airshow performer in the world with type 1 diabetes. He is the founder of the Flight for Diabetes 501(c)(3) organization, founded to benefit children with diabetes.

From his earliest memories, he knew what he wanted to do: fly fighter jets. When he was a senior in high school, he had already committed to the Air Force and was taking private flight instruction. His career was cut short suddenly when diagnosed with type 1 diabetes. Due to the worldwide ban on pilots with diabetes at the time, he was told he would never fly again. For years, he struggled with diabetes, despite the advancements in medication and technology to control the disease. As many young people do, he associated diabetes with limitations. He went through the denial, depression, anger, and fear stages that everyone with diabetes must overcome at some point. Essentially, he felt that if he accepted it, he would be different and limited. Welcome to diabetes.

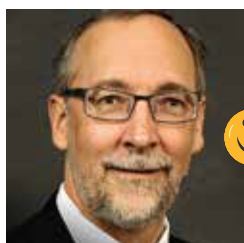
Over time, he learned that acceptance of the challenges and striving to control the disease was the only way not to be limited by it. He realized that his limits were not due to diabetes but from his actions- simply his failure to accept diabetes and take actions needed to manage it. After that realization, he decided he would NEVER again let diabetes control what he could do.

Eventually, with his diabetes accepted and well managed, he became a professional motorcycle Road Racer, winning nearly 100 races and setting three track records. Then he earned special FAA approval to fly. He won the first aerobatic competition he ever entered and flew his first airshow only 15 months after receiving his pilot's license. Welcome to diabetes under control.

For his entire adult life, Michael has been a motivational speaker for young people with type 1 diabetes. His history is the story he used to get them to accept, learn, and act to prevent diabetes from controlling their life. Dreams are the most powerful motivator, and the Flight for Diabetes was founded to prevent another child with diabetes from ever feeling so limited by the disease.

"Your only limits are those that you choose to accept."- Michael Hunter

Wednesday	11:00 - 12:00	Durango	The Power of Dreams for Diabetes Management
Thursday	3:30 - 4:30	Durango	Planning is the Key to Overcoming Obstacles in Diabetes



George Huntley

George Huntley is a founding member of the Diabetes Leadership Council (DLC) and currently serves as the CEO of both the DLC and its affiliate, the Diabetes Patient Advocacy Coalition (DPAC). He has been living with type 1 diabetes since 1983 and has 3 other family members also living with type 1. A passionate advocate for people with diabetes, George served as the National Chair of the Board of the American Diabetes Association (ADA) in 2009. George is also the Chief Operating Officer and Chief Financial Officer of Theoris Group, Inc., an IT and engineering professional services firm based in Indianapolis, Indiana, where he has been the plan administrator of a self-insured, employer based health plan for over 20 years. In addition, George serves as the Treasurer of Children with Diabetes.

Wednesday	11:00 - 12:00	Coronado CD	DPAC Reception
Thursday	3:30 - 4:30	Coronado J	Federal Update: Will They Ever Lower the Cost of Insulin...
Friday	9:00 - 10:00	Yucatan	State Update: What Can States Do to Make Healthcare Affordable
Friday	11:00 - 12:00	Coronado M	Health Insurance Explained





Laura Jacobsen, MD

Laura Jacobsen, MD, is an Assistant Professor of Pediatrics specializing in the care of children and adolescents with diabetes and endocrine disorders at the University of Florida in Gainesville, FL. Dr. Jacobsen is also a physician scientist in the UF Diabetes Institute working on prevention and intervention clinical trials for individuals with type 1 diabetes and translational projects studying biomarkers of response to immune therapies. Dr. Jacobsen is an investigator with Type 1 Diabetes TrialNet, The Environmental Determinants of Diabetes in the Young (TEDDY), the Network for Pancreatic Organ donors with Diabetes (nPOD), the Human Islet Research Network (HIRN), and the T1D Exchange Quality Improvement Collaborative. She is proud to be a physician and director at Florida Diabetes Camp.

Thursday	11:00 - 12:00	Coronado J	Progress Toward Prevention and Reversal of Type 1 Diabetes
Thursday	1:30 - 2:30	Coronado EF	Newly Diagnosed Survival Guide
Friday	11:00 - 12:00	Coronado CD	Getting Involved in Clinical Trials



Jacob Jansen

Jacob is the Communications and Policy Lead for DPAC. His interest in government has brought him to work in internships on the county level up to the United Kingdom's House of Parliament, including three Kentucky legislative sessions with Babbage Cofounder. With several loved ones living with both type 1 and type 2 diabetes, Jacob brings his advocacy experience to engage stakeholders on DPAC's advocacy efforts. He earned his Master's degree in Public Administration with a Graduate Certificate in Nonprofit Management at the University of Kentucky.

Thursday	3:30 - 4:30	Coronado J	Federal Update: Will They Ever Lower the Cost of Insulin...
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Jeffrey Karitis

Jeffrey Karitis, CFP®, CEPA, is a Senior Vice President Wealth Management and Portfolio Manager in New York City. He holds the CFP® (CERTIFIED FINANCIAL PLANNER™ professional) and CEPA (Certified Exit Planning Advisor) designations. He has been providing wealth management strategies for business owners, executives, and families since 1999. Jeff previously served as an analyst at Merrill Lynch Investment Banking, a Consultant for Merrill Lynch Alternative Investments, and a Special Assistant to the CFO & COO of a major children's book publisher and entertainment company. Jeff earned his Bachelor of Science degree in Finance and Marketing from University at Albany- State University of New York. Jeff, his wife Kimberly, daughter Madeline, son Max, and retired racing greyhounds Ginger and Marshall live in Hudson Valley New York. He serves as Co-President of the JDRF Westchester/Fairfield/Hudson Valley chapter, on the Board of Directors of Temple Beth Jacob, and as the Chair of the Jewish Federation of Orange County Endowment Committee. Jeff's daughter Madeline was diagnosed with T1D in 2014 and they have been attending CWDFFL since 2016. He and his wife are passionate about improving the lives of people with diabetes and they support various local and global diabetes charities.

Friday	11:00 - 12:00	Yucatan	Dads of FFL's (DoFFLs) Down to Earth
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Jessica C. Kichler, PhD, CDCES

Jessica Kichler, CDCES, PhD, C.Psych, is a Clinical & Health Psychologist and Associate Professor, Department of Psychology at the University of Windsor, who specializes in clinical intervention research focusing on the psychosocial adjustment and coping with type 1 diabetes in youth and families. She completed her PhD at Kent State University in Ohio, her internship at Rush University Medical Center in Chicago, and her Postdoctoral Fellowship at the University of Michigan Health System in Ann Arbor. She previously worked as a diabetes psychologist and certified diabetes educator at two academic medical centers (Children's Hospital of Wisconsin and Cincinnati Children's Hospital Medical Center) in the United States for almost 15 years before moving to the University of Windsor in the summer of 2020. Currently, she is interested in how to support college-aged students with type 1 diabetes most effectively transition into young adulthood. She is also involved in diabetes education practices and appreciates working collaboratively in interdisciplinary settings.

Thursday	11:00 - 12:00	Coronado EF	Newly Diagnosed: Navigating Emotions Around Diabetes
Friday	1:30 - 2:30	Coronado CD	Supporting Siblings of Children with T1D





The Conference Faculty



Rayhan Lal, PhD, MD, MPH

Rayhan Lal, PhD, MD, MPH, is pediatric and adult endocrine faculty at Stanford. Rayhan grew up in the California bay area and always wanted to be an engineer. He has had type 1 diabetes for over 30 years. He studied electrical engineering and computer science at the University of California, Berkeley. His two younger sisters were enrolled in DPT-1, were found to be antibody positive, and developed type 1 diabetes. In an effort to help all his brothers and sisters with diabetes, Rayhan decided to switch career paths and pursue clinical medicine at the University of California, Davis. Rayhan could not decide whether to take care of children or adults with diabetes and so did both. He completed a four year residency in internal medicine and pediatrics at the University of Southern California, working with the underserved at Los Angeles County Hospital. Rayhan then completed an adult and pediatric endocrine fellowship at Stanford. As an engineer and physician-scientist with diabetes, his primary research interest is the design, development, and testing of new diabetes technology and therapies with his mentor, Dr. Bruce Buckingham. Rayhan collaborates with many members of the Stanford Diabetes Research Center, industry and the open source diabetes community in an effort to bypass the biological, technological and human factor limitations of existing devices.

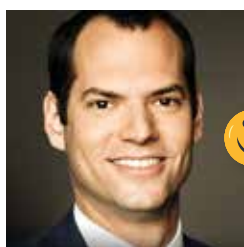
Friday	9:00 - 10:00	Coronado J	Key Goals in Diabetes Management: Pediatric and Adult
Friday	11:00 - 12:00	Fiesta 2	Sharing Diabetes Data as an Adult
Friday	1:30 - 2:30	Fiesta 2	Diabetes Complications and Challenges for Men



Lauren Lanning

Lauren Lanning is a mom, geek, and bike rider from Highlands Ranch, Colorado. She is a very proud mom of Monica, dx 8/96, and a PA student at Stanford, and Sarah, a chemical biomolecular engineer in Atlanta. Lauren became involved with CWD shortly after Monica was diagnosed in 1996. She has been involved in the conferences since the very first gathering in Orlando in 2000, where she volunteered to make name badges. Since then, Lauren has run Registration and then the Elementary program. This year, Lauren is excited to continue as leader of the MOFFLs and First Timers.

Friday	1:30 - 2:30	Yucatan	Mom's Wine and Crafts
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Oren Liebermann

Oren Liebermann is CNN's Pentagon correspondent based in Washington, DC. Oren was diagnosed with T1 Diabetes in Nepal while backpacking around the world with his wife. After a brief trip home to recover and learn more about diabetes care, Oren resumed his trip in Thailand. He considers this the most important decision he ever made about living with diabetes: never let it slow you down. He aims to inspire other people with diabetes to live full, adventurous lives without limitations. Oren is the author of the recently published book, *The Insulin Express: One Backpack, Five Continents*, and the *Diabetes Diagnosis That Changed Everything*.

Friday	3:30 - 4:30	Coronado HJK	Closing Keynote: Taking Diabetes Along for Life's Adventures
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Sarah Lockwood-Lee

Sarah Lockwood-Lee is a Co-founder of HEAL.med and its Head of Operations and Education. Sarah has worked for the Children's hospital in Leicester for 24 years and works as a Deapp project Officer. She has been working closely with children, young adults and their families helping to deliver diabetes education in a fun and exciting way. She has been instrumental in the development of Deapp (diabetes education application) games and resources, providing training to health care professionals across the UK on the delivery of Deapp. Sarah is also the founder of the children's diabetes choir, the Highs & Lows. She has been running this for children who have or live with someone who has type 1 diabetes in her own time for the past eight years. In 2019 Sarah was awarded a Caring at its best award from the University Hospital of Leicester as well as winning the QIC (Quality in Care) award for Outstanding Educator in Diabetes.

Friday	1:30 - 2:30	Coronado M	Putting the Fun Back into Diabetes Education...
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Michelle Litchman, PhD, FNP-BC, FAANP, FADCES, FAAN

Michelle Litchman, PhD, FNP-BC, FAANP, FADCES, FAAN is an Assistant Professor at the University of Utah College of Nursing, Adjunct Assistant Professor of Internal Medicine, and Nurse Practitioner at the Utah Diabetes and Endocrinology Center. She serves as the Medical Director of the Intensive Diabetes Education and Support Program at the University of Utah, a multidisciplinary diabetes self-management education and support program that integrates shared medical visits.

Her NIH and foundation-funded program of research is in the nexus between diabetes, digital health, and health disparities with three overarching foci: 1) the social context of diabetes management in online and family (romantic partners, parents) environments, 2) technology mediated diabetes interventions to address health disparities with an emphasis on Deaf, Hispanic, and rural communities; and 3) novel methods to examine real-world diabetes self-management. Her research has been highlighted across national media outlets, including NPR Science Friday, CNN, and The Doctors. Dr. Litchman has worked closely with legislators and national professional organizations, where her research has influenced policies and practice.

Dr. Litchman received her research doctorate and master's degree from the University of Utah and undergraduate degree from Weber State University. Dr. Litchman is a Jonas Scholar, Betty Irene Moore Nurse Leader and Innovation Fellow, and Presidential Societal Impact Scholar. She has been inducted as a Fellow of the American Association of Nurse Practitioners, Association of Diabetes Care and Education Specialist, and American Academy of Nursing.

Friday	9:00 - 10:00	Coronado CD	Supportive Partnerships and Diabetes
Friday	11:00 - 12:00	Coronado AB	It Takes a Village: Diabetes Support Matters
Friday	1:30 - 2:30	Fiesta 3+4	Transitioning from Pediatric to Adult Care



Shideh Majidi, MD

Shideh Majidi, MD, is the associate director of the Childhood and Adolescent Diabetes Program at Children's National Hospital in Washington, DC. Her primary clinical and research interests are in behavioral and psychosocial aspects of care in youth with type 1 diabetes. She also has a strong interest in building and improving diabetes clinical programs to ensure all diabetes patients receive complete and individualized diabetes care. For Dr. Majidi, one of the best parts of working in the diabetes field is being able to work with families and patients throughout their childhood. Each patient and family is unique, and her passion is to continuously strive to ensure her patients receive the best care possible for their individual and unique diabetes needs.

Wednesday	11:00 - 12:00	Coronado AB	Type AuSome
Thursday	11:00 - 12:00	Yucatan	Managing Diabetes when Technology Fails
Friday	9:00 - 10:00	Fiesta 3+4	Diabetes Red Flags: Disordered Eating, Suicidality, and More
Friday	11:00 - 12:00	Coronado H	The Relationship Between Parental Stress and Diabetes



Marizeli Olacio, DPM, ABPM

Marizeli Olacio, DPM, ABPM is the founder and director of Omega Medical Group (OMG). She is a Miami based podiatrist specializing in foot and ankle surgery, sports medicine, Regenerative Medicine, diabetic limb salvage, flatfoot correction, pediatrics, and wound care. She graduated from the Barry University School of Podiatric Medicine and completed her surgical residency at Mercy Hospital in Miami, where she worked with professional athletes including the Miami Heat players. She established OMG to help people of all ages and walks of life reach their personal goals while remaining as active as possible. As a foot and ankle specialist, mom and wife of Type 1 Diabetic it is her priority to educate each patient on their pathology, to ensure they are given the individual treatment deserved, from pediatrics to adults. She is committed to providing results and preventive medical treatment that keep your feet in step for better health.

Friday	9:00 - 10:00	Coronado AB	Happy Feet: How Foot Health Contributes to Diabetes Mgmt
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Did you lose a piece of your gear? Check lost and found located at Registration.



Denotes faculty member with diabetes



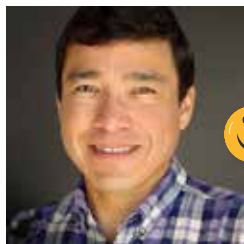
The Conference Faculty



Matthew Point, MS

Matthew (Matt) Point, MS, serves as CWD's Director of Advancement. Matt is responsible for CWD's fundraising and development, working with our generous sponsors, and managing our conference scholarship program. In 2013, Matt attended his first CWD event—Friends for Life Orlando. Matt's favorite part of being involved with CWD and the Friends for Life Conferences is having the opportunity to meet other significant others of people with type 1 diabetes.

Wednesday	3:30 - 4:30	Coronado AB	Support for Significant Others
Thursday	1:30 - 2:30	Yucatan	Taking Diabetes to Campus, the Office and Abroad



Stephen W. Ponder, MD, FAAP, CDCES

Stephen W. Ponder, MD, FAAP, CDCES, has been a board-certified pediatric endocrinologist and certified diabetes educator since 1989-90. Dr. Ponder is also a Joslin 50-year medalist; having lived well with type 1 diabetes since March 1, 1966. He is the creator of Sugar Surfing™, a paradigm shifting approach to managing diabetes. His book *Sugar Surfing* (www.sugarsurfing.com) is now in its sixth printing and has sold in over 30 countries. Ponder has been volunteering every year since 1981 as medical staff at the Texas Lions Camp for Children with Diabetes. He has also served as that residential camp's medical director since 1989. He served on and chaired the National Certification Board for Diabetes Educators (NCBDE) and chaired the organization in 1996. He has served on numerous local, state, and national committees advocating for child health and improved diabetes care. He has authored numerous research articles and received several diabetes research grants. He also serves as the Program Director for the Pediatric Residency Program at Scott and White Memorial Hospital in Temple, Texas. He is medical director for the Feed My Sheep Children's Free Clinic which aims to serve homeless and uninsured children across central Texas. Dr. Ponder has spoken internationally on all areas of diabetes care for several decades. His professional focus is on empowering children, their families, and individuals with diabetes to assist them in achieving the best possible diabetes control and outcomes.

Thursday	1:30 - 2:30	Coronado H	Sugar Surfing Concepts
Thursday	3:30 - 4:30	Coronado H	Sugar Surfing Workshop



Liz Robinson, MS, PA-C, CDCES

Liz Robinson, MS, PA-C, CDCES, is a physician assistant at Tower Health in southeastern Pennsylvania. She has specialized in high risk obstetrics and gynecology for over 15 years, with a strong focus on type 1 diabetes in pregnancy. Her interest in type 1 diabetes began when she met her husband, who was diagnosed as a teenager. Her passion was further fueled when her daughter was diagnosed with type 1 diabetes at the age of four. Liz takes great pride in using both her clinical skills and personal experience to help her patients achieve healthy, happy pregnancies.

Thursday	11:00 - 12:00	Fiesta 2	Managing Pregnancy with T1D
Thursday	3:30 - 4:30	Coronado CD	Diabetes Skin Challenges: Allergies, Tapes, and Site Rotation
Friday	11:00 - 12:00	Coronado H	The Relationship Between Parental Stress and Diabetes



Kenny Rodenheiser, BSN, RN, CDCES

Kenny Rodenheiser, BSN, RN, CDCES, was diagnosed in April 2003 and has been part of the CWD family since 2004. He currently serves as a member of CWD's Board of Directors and leads TeamCWD. After many years of volunteering with various diabetes organizations, he realized his passion was to educate, motivate, and advocate for all people with diabetes. He earned his Bachelors of Science in Nursing from Ramapo College of New Jersey and shortly after earned his credentials as a Certified Diabetes Care and Education Specialist.

Thursday	1:30 - 2:30	Fiesta 3+4	Uploading Your Diabetes Data
Friday	1:30 - 2:30	Durango	Young Adult Panel for Parents: Ask Us Anything





Henry Rodriguez, MD

Henry Rodriguez, MD, is a highly regarded pediatric diabetologist and collaborative type 1 diabetes clinical researcher who led the Indiana University (IU) DPT-1 Regional Recruitment Center and served as the highly successful IU TrialNet Clinical Center's Clinical Director for 10 years. He joined the University of South Florida College of Medicine in 2010 as a Professor of Pediatrics and Clinical Director of the USF Diabetes Center. He has led expansion of clinical, educational, and clinical research activities at USF including the launch of the USF T1D Exchange Clinical Center, establishment of the USF TrialNet Clinical Center, and partnering with industry in investigating novel therapies in type 1 and pediatric type 2 diabetes. Dr. Rodriguez is the Protocol Chair for the NIH-funded TrialNet Pathway to Prevention Study and serves on numerous TrialNet committees. He is co-chair of the ADA Safe at School Working Group, co-chair of the Diabetes Advocacy Alliance and has been a longstanding volunteer with JDRF and a staunch supporter of diabetes camps. He has also been the member of working groups addressing insulin pump therapy in children and the transition of young adults from pediatric to adult diabetes care providers. His clinical and research foci are the improvement of lives impacted by diabetes while pursuing prevention and a cure.

Wednesday	9:00 - 10:00	Coronado AB	Guidelines for Diabetes Grandparents
Wednesday	1:30 - 2:30	Coronado AB	Grandparents Hands-On Diabetes Workshop
Thursday	11:00 - 12:00	Coronado AB	Grandparents: Mastering Sleepovers and Emergencies
Thursday	3:30 - 4:30	Coronado AB	Grandparents Discussion: Common Fears
Friday	9:00 - 10:00	Coronado EF	Safe at School: Protecting the Rights of Students with T1D
Friday	11:00 - 12:00	Coronado EF	Safe at School: 504 Planning



Janet Rodriguez, BSN, RN, CDCES

Janet Rodriguez, BSN, RN, CDCES, a former Pediatric ICU nurse, leads the Diabetes Technology Education group at the USF Diabetes and Endocrinology Center in Tampa, FL. She is an insulin pump and CGM specialist and a certified diabetes educator, caring for pediatric and adult patients. She is a certified trainer for all commercially available insulin pumps and continuous glucose monitors and she coordinates research in adoption of diabetes technologies and hybrid closed-loop insulin pump systems. She actively participates in diabetes education of school personnel and she is a longtime supporter of diabetes camps.

Wednesday	9:00 - 10:00	Coronado AB	Guidelines for Diabetes Grandparents
Wednesday	1:30 - 2:30	Coronado AB	Grandparents Hands-On Diabetes Workshop
Thursday	11:00 - 12:00	Coronado AB	Grandparents: Mastering Sleepovers and Emergencies
Thursday	3:30 - 4:30	Coronado AB	Grandparents Discussion: Common Fears
Friday	9:00 - 10:00	Coronado EF	Safe at School: Protecting the Rights of Students with T1D
Friday	11:00 - 12:00	Coronado EF	Safe at School: 504 Planning
Friday	1:30 - 2:30	Coronado AB	Hands-On Diabetes for Loved Ones of PWD



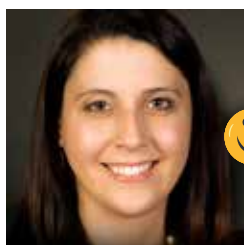
DID YOU KNOW?

There really are warts on a warthog; on their heads. The female has two and the male has four. They actually protect their eyes when they are running through the brush.





The Conference Faculty



Laura Smith, **PhD, CDCES**

Laura Smith, PhD, CDCES, is an Assistant Professor of Pediatrics, a licensed psychologist, and certified diabetes educator at the University of South Florida Diabetes Center. Dr. Smith provides clinical care and conducts research in the area of pediatric and adult type 1 diabetes. Her research focuses on how healthcare providers and individuals with diabetes can collaborate and share in health decision-making, how family interactions impact diabetes management, and the psychological impact of being genetically at-risk for type 1 diabetes. Dr. Smith has published research articles in these areas and speaks on these topics to various groups of healthcare providers, researchers, and patients. She also provides clinical services to individuals living with type 1 diabetes and their families. Dr. Smith's work is guided by her own experience: she was diagnosed with type 1 diabetes 17 years ago and believes that having diabetes can be challenging but is manageable with education, a positive outlook, and a good support network.

Thursday	11:00 - 12:00	Fiesta 3+4	Self Compassion and Diabetes Management
Thursday	3:30 - 4:30	Yucatan	Minimizing Low-BG Anxieties
Friday	9:00 - 10:00	Fiesta 3+4	Diabetes Red Flags: Disordered Eating, Suicidality, and More



Ben Szirth, **PhD**

Ben Szirth, PhD, is the Director of Applied Vision Research Laboratory at the New Jersey Medical School and the Program Director of the Ophthalmic Telemedicine Program, a community base outreach service addressing the homeless and low income families of New Jersey. His main research interest is in advanced imaging devices that can detect early signs of diabetes, glaucoma and age related macular degeneration. He holds three patents in the field of ophthalmology and has published over 50 peer review papers in the area of ocular imaging in English, Japanese, Spanish and French. Dr. Szirth has lectured in over 25 Countries in Hungarian (native language), English, French, Italian and Japanese.

Wednesday	1:30 - 2:30	Coronado EF	Importance of Eye Exams
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Jessie J. Wong, **PhD**

Jessie J. Wong, PhD, is a licensed psychologist and clinical scientist in Stanford University's Department of Pediatric Diabetes and Endocrinology. She received his PhD in clinical psychology from Arizona State University and completed postdoctoral fellowships in health services research at the VA Palo Alto/Stanford University and pediatric psychology at Stanford University. Dr. Wong is the recipient of a K23 Patient-Oriented Research Career Development Award from NIDDK. Her research and clinical interests focus on the intersection of physical and mental health among children and adolescents with diabetes as well as interventions to improve the quality of life among these children and adolescents and their families.

Thursday	11:00 - 12:00	Durango	Parenting Young Children with Diabetes
Thursday	1:30 - 2:30	Fiesta 2	Young Adult Open Diabetes Discussion
Thursday	3:30 - 4:30	Fiesta 3+4	Managing Diabetes Distress and Burnout
Friday	11:00 - 12:00	Coronado J	Leveraging Teamwork in Diabetes Management



Dessi Zaharieva, **PhD, CDCES**

Dessi Zaharieva is an Instructor and Exercise Physiologist currently working in Pediatric Endocrinology at Stanford University under the supervision of Dr. David Maahs.

Dessi's research focuses on strategies to manage blood glucose control around exercise in youth and adults with type 1 diabetes. She is also working on implementing exercise education and monitoring physical activity patterns and behaviors in newly diagnosed youth with type 1 diabetes.

Thursday	11:00 - 12:00	Coronado H	How Exercise Affects Blood Glucose
Friday	11:00 - 12:00	Fiesta 3+4	Preventing Lows Before and During Exercise
Friday	1:30 - 2:30	Durango	Young Adult Panel for Parents: Ask Us Anything





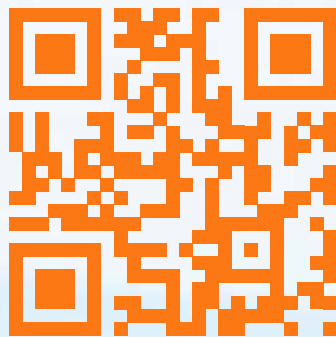
Friends for Life® Orlando 2022

July 5–10, 2022 • Disney's Coronado Springs Resort • Orlando, FL



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Scan the QR code to get carb counts for the grub.



cwd.is/FFLMenus

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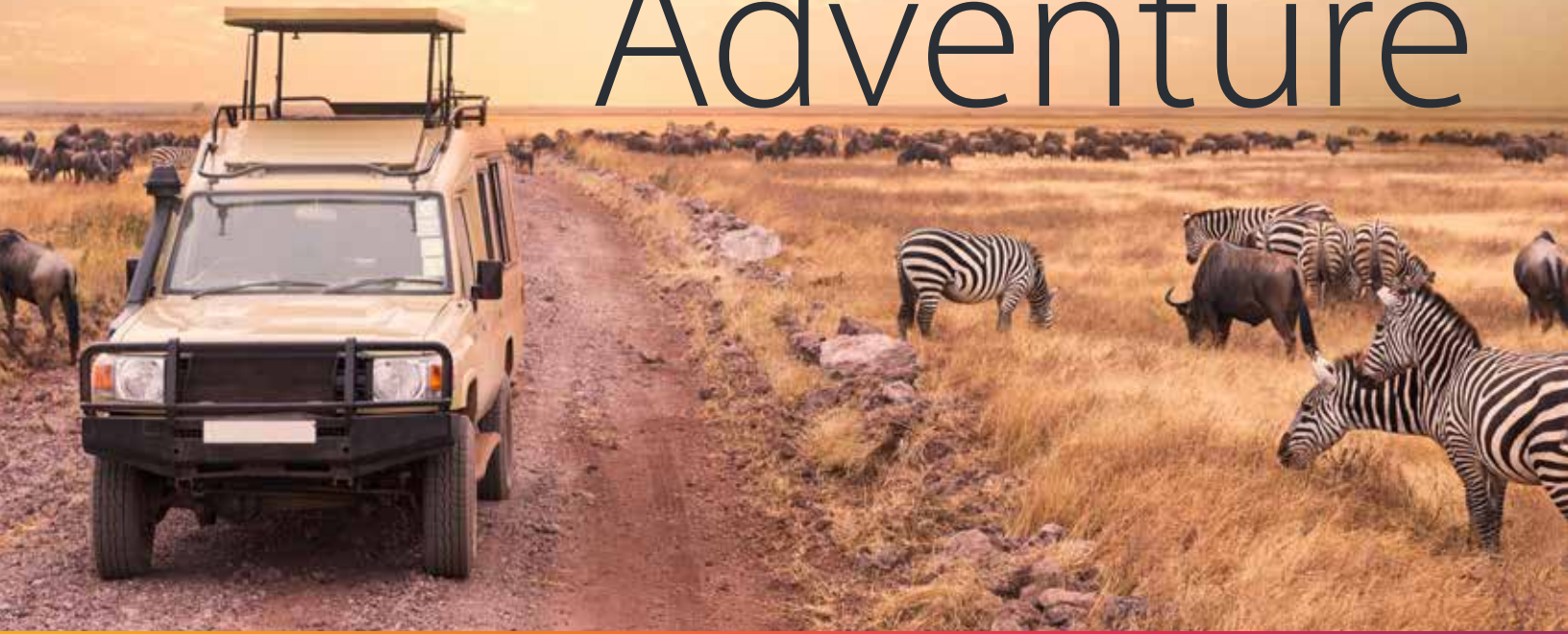
Unique, Active, Experiential Diabetes Education and Programming



Connect. Inspire. Motivate.

Western Slipstream — June 10–12
Annual Canoe Trip — June 30–July 3
Support Canoe Trip — July 7–10
Ontario Hiking Weekend — Aug 12–14
Colorado Slipstream — Aug 26–28
SoCal Slipstream — Sept 9–11
Ontario Slipstream — Sept 30–Oct 2

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VIATRIS™ is empowering people worldwide to live healthier at every stage of life by expanding their access to trusted, quality medications regardless of geography or circumstance.

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NON-2021-1604 V2





In 1923, the founders of **Novo Nordisk** began a journey to change diabetes. Today, we are thousands of employees across the world with the passion, the skills and the commitment to continue this journey to prevent, treat and ultimately cure diabetes. Novo Nordisk is proud to once again be a Platinum Level Sponsor of the Friends for Life conference, supporting the Family and Friends Banquet and Sports Central. Please come see us at the exhibition to learn more about our type 1 support program, our new camp program and be among the first to learn about the first and only durable insulin pen with 0.5 unit dosing and memory function - NovoPen Echo®. To learn more about Novo Nordisk and our support to the type 1 diabetes community visit us at www.novonordisk-us.com.



Platinum Sponsors



Dexcom

CONTINUOUS GLUCOSE MONITORING

Dexcom, Inc., headquartered in San Diego, CA, is dedicated to developing innovative glucose sensing technology and products to help patients and healthcare providers better manage diabetes. The Dexcom G6™ Continuous Glucose Monitoring (CGM) System does not require fingersticks for calibration or diabetes treatment decisions* and features simple, one-touch sensor insertion. The System provides exceptional accuracy with an overall MARD of 9.0%† and features an Urgent Low Soon alert that can warn users 20 minutes in advance of severe hypoglycemia (55 mg/dL). Dexcom is the only provider of CGM systems indicated for children ages 2 years and older. Please visit www.dexcom.com.

*If your glucose alerts and readings from the G6 do not match symptoms or expectations, use a blood glucose meter to make diabetes treatment decisions.

†MARD is a statistical measure of accuracy; the lower the number, the better.



Insulet Corporation (NASDAQ: PODD), headquartered in Massachusetts, is an innovative medical device company dedicated to making the lives of people with diabetes and other conditions easier through the use of its Omnipod® product platform. The Omnipod® Insulin Management System provides a unique alternative to traditional insulin delivery methods. With its simple, wearable design, the disposable Pod provides up to three days of non-stop insulin delivery, without the need to see or handle a needle. Insulet also leverages the unique design of its Pod, by tailoring its Omnipod® technology platform for the delivery of non-insulin subcutaneous drugs across multiple therapeutic areas. Founded in 2000, more than 140,000 users across the globe rely on Insulet's Omnipod® Insulin Management System to bring simplicity and freedom to their lives. For more information, visit www.myomnipod.com.



Gold Sponsors



Abbott, the worldwide leader in continuous glucose monitoring (CGM), is committed to improving the lives of people with diabetes. The company manufactures, distributes, and markets innovative glucose monitoring systems and other valuable services to help patients and healthcare professionals better manage diabetes care needs. Abbott is pleased to be a sponsor of Friends for Life Orlando Conference. Connect with us at <https://freestyle.abbott/cwd>, on Facebook at @FreeStyleUS on Instagram at @FreeStyleDiabetes, and on Twitter @FreeStyleDiabet.

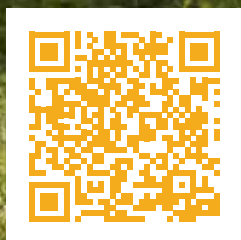
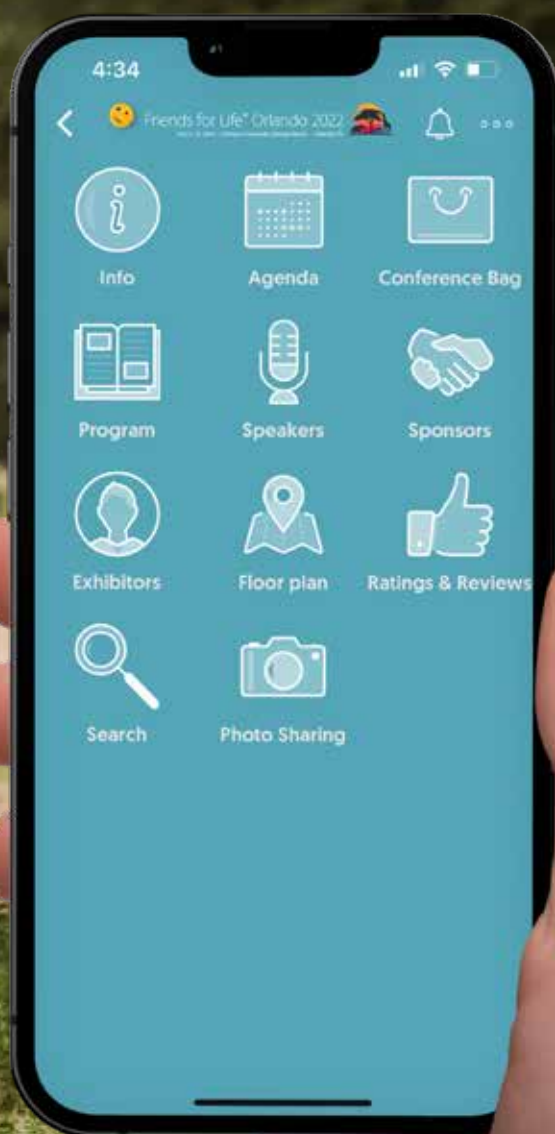


Tandem Diabetes Care, Inc. is a medical device company dedicated to improving the lives of people with diabetes through relentless innovation and revolutionary customer experience. The Company takes an innovative, user-centric approach to the design, development and commercialization of products for people with diabetes who use insulin. Tandem manufactures and sells the t:slim X2 insulin pump with Control-IQ technology. The t:slim X2 pump is capable of remote feature updates using a personal computer. Tandem is based in San Diego, California.

RX ONLY. The t:slim X2 insulin pump, Basal-IQ technology, and Control-IQ technology are intended for single patient use. The t:slim X2 pump, Basal-IQ technology, and Control-IQ technology are indicated for use with NovoLog or Humalog U-100 insulin.

FFL Orlando Info is at Your Fingertips

Check the Excursion Welcome Guide email for your login credentials.



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Silver Sponsors



Every day more than 4,000 people are newly diagnosed with diabetes in America. Nearly 115 million Americans have diabetes or prediabetes and are striving to manage their lives while living with the disease. The American Diabetes Association (ADA) is the nation's leading voluntary health organization fighting to bend the curve on the diabetes epidemic and help people living with diabetes thrive. For nearly 80 years the ADA has been driving discovery and research to treat, manage and prevent diabetes, while working relentlessly for a cure. We help people with diabetes thrive by fighting for their rights and developing programs, advocacy and education designed to improve their quality of life. Diabetes has brought us together. What we do next will make us Connected for Life. To learn more or to get involved, visit us at diabetes.org or call 1-800-DIABETES (1-800-342-2383). Information is available in English and Spanish. Join the fight with us on Facebook (American Diabetes Association), Twitter (@AmDiabetesAssn) and Instagram (@AmDiabetesAssn).

Medtronic

Medtronic is working together with the global community to change the way people manage diabetes. The company aims to transform diabetes care by expanding access, integrating care, and improving outcomes, so people living with diabetes can enjoy greater freedom and better health.



VIATRIS is a new kind of healthcare company, committed to providing access to medicines, advancing sustainable operations and developing innovative solutions. Formed in 2020 through the combination of Mylan and Upjohn, Viatris brings together manufacturing and distribution expertise with proven regulatory, medical and commercial capabilities. *Page intended for U.S. Healthcare Providers. <http://www.viatris.com>

Medtronic

We're looking forward to seeing you!

Visit us at our booth to learn how Medtronic is **engineering the extraordinary**

Additional ways to engage:

1 Take a picture with Lenny

2 Join our product theater
Wednesday July 6, 2:30-3:30 pm
Fiesta 3 & 4



Jennifer McVean, MD
Medical Affairs
Program Director

3 Enjoy the Family Carnival
sponsored by Medtronic
Saturday July 9, 7:30-9:30 pm
Coronado H.





Empowering Families Enriching Lives

Better Together Society

The Better Together Society (BTS) is CWD's monthly giving program. Through the BTS, your generosity funds scholarships and activities for the Friends for Life Conferences. Joining is easy! By setting up a recurring monthly donation of at least \$10, you automatically become part of this big-hearted, charitable group. BTS members are recognized in CWD's conference and annual publications. You can become a member of the Better Together Society today and join the ranks of the members listed below by registering at **CWD.is/BTS**.



Better Together Society Members

The Abel Family
Mary Babin
Joan K. Bardsley
Carolyn Billetdeaux
Laura Billetdeaux
Sam Billetdeaux
Teresa Brandt
Kathy Brown
Chelsea Carr
Leslie Collins

Robert and Donna Cope
The Deitle Norris Family
Rebecca DeLong
Jimmy and Liz Dodson
Leigh Fickling
Mark Fox
Tina Ghosn
Parker Grand and Shelley Grand
Brian Grant and Matthew Point
Tina Hammer

Jeff and Brenda Hitchcock
George and Judy Huntley
Hannah Klippel
Rachel Knight
Lauren Lanning
Ashlyn Mills
The Moritsugu Family
The O'Dell Family
Hannah Opdenaker
Stewart Perry

Kenneth Rodenheiser
Deborah Ruppert
Lauren Salko
Carla Scott
Kerri Sparling
Sasha and Jordan Squibb
Joanne Stroud
Natalie Toomey
Marissa Town
Melissa Waits

CWD Fiffle Circle

The Fiffle Circle is CWD's individual giving program which recognizes cumulative giving and major gifts. Fiffle Circle members are recognized with a lapel pin upon entering the circle at the \$10,000 level. The Fiffle Circle recognizes at each giving level (listed to the right) with a CWD challenge coin made of solid bronze, silver, and gold. Members of the Fiffle Circle are also recognized each year in CWD's annual report and conference programs.

CWD Fiffle Circle Members

Chairman's Circle

Anonymous Family +
Insulet Leadership Team +

President's Circle

Anonymous Family +
Helen Finegold and Will Nowak +
George and Judy Huntley +
Kevin and Mimi Sayer +

Partner's Circle

Anonymous Family +
Stewart Perry +
Miriam Stoddard +

Fiffle Circle

The Abel Family
Anonymous
The Deitle Norris Family +
Gigliola and Edward Hawthorne +
Al and Sue Johnson
The Karitis Family
Teresa and Troy Littlefield
The Lukhard Family
The Merwin Family
The Moritsugu Family

+ denotes a major gift donation in 2021 or earlier

Fiffle Circle Levels of Giving

\$150,000

CHAIRMAN'S CIRCLE

Gold Clad Solid Silver CWD Challenge Coin

\$75,000

PRESIDENT'S CIRCLE

Silver CWD Challenge Coin

\$25,000

PARTNER'S CIRCLE

Bronze CWD Challenge Coin

\$10,000

FIFFLE CIRCLE

Fiffle Circle Lapel Pin and CWD Challenge Coin



Other Ways to HELP US GROW



Legacy Society

The Legacy Society is CWD's planned giving program. By including CWD as a beneficiary of your life insurance program, 401k, or in your will, you will be "seeding the success of the next generation" of families living with diabetes. Your participation in the Legacy Society will allow CWD to continue to provide care our families need. Members of the Legacy Society are recognized with a special lapel pin. Information on joining can be found at **cwd.is/fundraising**.



Make an Individual Gift

CWD is led by science and empowered by your support. Help us bring our mission of education and inspiration to life with a gift today at **cwd.is/donate**.



Donate Stock or Mutual Funds

CWD accepts donations of stocks, mutual funds, and gifts from investment accounts. Did you know that donating stock may allow you to avoid capital gains taxes on these assets? However, you should always speak with your financial advisor.

DTC Number: 0075; Account Number: 4586-4785; Account Name: T-1 Today, Inc.



Matching Gifts

Matching gifts can essentially double your donation to CWD—don't forget to file your paperwork with your employer! These programs are generally managed by your company's human resources team. Need verification of your gift to CWD for HR? Email **donations@childrenwithdiabetes.com**.



Social Media for Social Good

Instagramming your advocacy? Facebook posts for birthday fundraisers? We're using social media to make a difference in the community. Check out the CWD Facebook page for more details at **facebook.com/cwdiabetes**.

 @CWDiabetes  @CWDiabetes  fb.com/cwdiabetes  linkedin.com/company/children-with-diabetes



Bronze Sponsors




Lilly

DIABETES

Lilly has been a global leader in diabetes care since 1923, when we introduced the world's first commercial insulin. Today we are building upon this heritage by working to meet the diverse needs of people with diabetes and those who care for them. Through research, collaboration and quality manufacturing we strive to make life better for people affected by diabetes and related conditions. We work to deliver breakthrough outcomes through innovative solutions—from medicines and technologies to support programs and more.



Xeris Pharmaceuticals, Inc., headquartered in Chicago, IL, is dedicated to unlocking the potential of glucagon. We believe that easier-to-use medicines can have a profound impact on the lives of patients and their families. That's why we are studying ready-to-use liquid glucagon, but that's just the beginning. We are also studying how our formulation technology can impact patients with other conditions. We have a persistent drive to pursue advancement that have the potential to change lives – get to know us and see how our technology is unlocking the potential of today's medicines at www.xerispharma.com.



Bringing innovation leaders together as we

LOOK TO THE FUTURE

of type 1 diabetes

CWD Industry Advisory Board

Thank you to CWD's Industry Advisory Board Members!

The CWD Advisory Board, consisting of the Industry Advisory Board and members of CWD's Board of Directors has several working groups, including:

- A Device Group to explore topics related to pumps, sensors, SMBG, and similar devices.
- A Drug Group to explore topics such as insulin, glucagon, and the use of new medications in people with type 1
- An Education Group to focus on CWD conferences
- An Advocacy Group to lead our efforts in the area of access to products and care, product quality and availability
- A Research Group, to work with groups that are involved in advancing biological and technological solutions for people living with type 1 diabetes

The CWD Industry Advisory Board meets annually before CWD's Friends for Life conference in Orlando.



For more information, please contact:

Matt Point, Director of Advancement

✉ matt@childrenwithdiabetes.com ☎ 717-778-7939

 Children with Diabetes®



Friends of CWD



Beta Bionics is a public benefit corporation and certified B corp. committed to commercializing the iLet® bionic pancreas. We're a people-focused company, here to serve the wider diabetes community. We want to make a difference and aim to improve the lives of people living with diabetes and hope to reduce the data and decision-making overload that PWD and their caregivers often deal with. To learn more about Beta Bionics, our team and our mission visit us at www.betabionics.com and @BetaBionics on social media.



The **Certification Board for Diabetes Care and Education (CBDCE)** is a not for profit certifying body that recognizes a number of different health professionals in the United States as having specialized knowledge about diabetes care and education. The organization name and certification designation underwent a change in 2020; you might be more familiar with the National Certification Board for Diabetes Educators or NCBDE and the Certified Diabetes Educator or CDE certification designation. The organization has been around since 1986, and the Certified Diabetes Care and Education Specialist or CDCES credential is seen as the gold standard in the diabetes world. Currently, over 19,900 health professionals hold the CDCES credential. CDCESs are committed and passionate about what the work they do in partnership with people with diabetes and their families and caregivers.



Diabeloop gathers the personality, passion, and skills of over 100 talented individuals, many of whom are personally touched by insulin-dependent diabetes. Founded in Grenoble, France in 2015, Diabeloop is a high-growth company that is developing AI-based, personalized solutions to improve clinical outcomes for people with diabetes while relieving their constant mental burden.



The **JD RF – Beyond Type 1 Alliance** provides greater support for those impacted by type 1 diabetes by tapping into the combined power of JD RF, the leading global organization funding T1D research, and Beyond Type 1, the organization with the largest online community of any diabetes nonprofit. The work of the Alliance centers around three core pillars: community programs, advocacy, and communications and education.



INHALE-1 (NCT04974528) is a research study that aims to look at how safe an inhaled insulin product is and how well it works in children and teenagers with diabetes. The study involves clinic visits, blood draws, and lung function tests. Qualified participants will either take inhaled insulin for 12 months or continue mealtime injectable insulin for 6 months and then switch to inhaled insulin for 6 months. Inhaled insulin will be provided at no cost. Participants will be asked to check their glucose level frequently using a study provided continuous glucose monitor (CGM). Compensation will be available for time and travel and a CGM will be provided throughout the study. The study is open to children and teenagers between ages 4-17 diagnosed with type 1 or type 2 diabetes and using mealtime insulin with an A1c between 7-11%. Visit <https://go.afrezza.com/INHALE1> for more information on eligibility and how to enroll.



Provention Bio, Inc. (Nasdaq: PRVB) is a biopharmaceutical company focused on advancing the development of investigational therapies that may intercept and prevent debilitating and life-threatening immune-mediated disease. The Company's pipeline includes a late-stage product candidate for type 1 diabetes (T1D) as well as clinical drug candidates in other autoimmune diseases, including celiac disease and lupus. We are proud to be part of the T1D ecosystem and are committed to bringing awareness to the importance and urgency of screening people with a family history of T1D for early-stage disease. Visit ProventionBio.com for more information or follow us on Twitter: @ProventionBio.



SafetyIsThePoint helps people understand how to dispose of used household sharps safely, no matter where they live, work or travel in the United States. The site has a ZIP code locator and free resources about safe sharps disposal. It is a free public education campaign supported by a coalition of leading biopharmaceutical and medical device manufacturers: BD, Biogen, Dexcom, Eli Lilly and Company, Roche, and Sanofi US. Visit SafetyIsThePoint.org.



T1D Exchange is a nonprofit, research organization dedicated to accelerating therapies and improving care for people affected by type 1 diabetes. T1D Exchange actively supports discovery and innovation through its biobank and patient data. At the same time, the organization understands that evidence gathered in the "real world" can help bridge the gap between discovery in research settings and impact in people's lives. T1D Exchange model uses cutting-edge tools, research methods, and a robust IT platform to gather evidence from the real-world and clinical experiences of people living with type 1 diabetes. The goal is to connect biological samples, medical data, and patient insights to all stages of research and development, expediting the development of therapies and better care for everyone affected by type 1 diabetes.



At 10 years old Elizabeth Forrest was diagnosed with type 1 diabetes and soon after declared diabetes wasn't going to control her. Inspired by her middle school dance class, she combined her love for dance with her new diagnosis and created Dancing for Diabetes® as a way to bring attention to the millions who are living with Type 1 Diabetes and to raise funds to find a cure. Dancing for Diabetes® became a springboard for additional impactful programs that now make up the Touched by Type 1 organization which include: Dancing for Diabetes®, Kids & Teens with Diabetes Dance program, Type 1 @ School, Touched by Type 1 Annual Conference, Outreach, and the D-Box. Until a cure is found, Touched by Type 1 will continue to elevate awareness of Type 1 Diabetes, raise funds to find a cure, and inspire those with diabetes to thrive.



inaugural event

Friends for Life®

Golf Outing 2022

Disney's Oak Trail Golf Course • July 9, 2022

We'll see you on the green

All funds raised from the inaugural Friends for Life Orlando Golf Outing go to benefit the Friends for Life scholarship fund.

INHALED INSULIN STUDY

FOR AGES 4-17



WHAT IS THIS STUDY ABOUT?

INHALE-1 is a research study that aims to evaluate the safety and effectiveness of an inhaled insulin product for use in children and teenagers with diabetes

WHO CAN JOIN?

- Children and teenagers between ages 4-17
- Diagnosed with type 1 or type 2 diabetes and using mealtime insulin (vial or pen, no pumps)
- A1c is 7-11%
- No history of asthma or other lung conditions

Compensation will be available and a CGM will be provided throughout the study

VISIT US AT BOOTH #519

WHAT'S INVOLVED?

- The study involves clinic visits, blood draws, and lung function tests
- Qualified participants will either take inhaled insulin for 12 months or continue mealtime injectable insulin for 6 months and then switch to inhaled insulin for 6 months
- Inhaled insulin will be provided at no cost
- Participants will be asked to check their glucose level frequently using a study provided continuous glucose monitor (CGM)

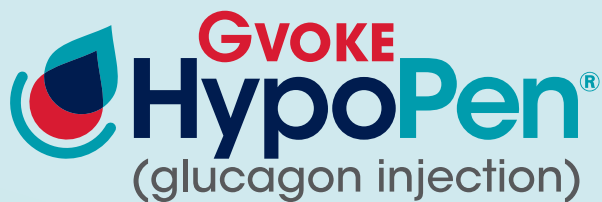
CONTACT US

1-844-INHALE1

<https://go.afrezza.com/INHALE1>

<https://clinicaltrials.gov/ct2/show/NCT04974528>





Join us for

Why glucagon is an essential tool in your child's diabetes bag

Join us to hear real stories from Katrina and Kenny about when they needed to use Gvoke® (glucagon injection) and why they never leave home without it.



**Wednesday, July 6th
at 11:00 am
Coronado Ballroom - EF**

*Featuring the
following
speakers:*



Katrina
Caregiver



Kenny
Person living with T1D



Ashlyn, PA-C
Certified Physician's
Assistant

**Visit us at Booth #316 to
learn more about Gvoke®**



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A photograph of a man with a beard and a young girl with curly hair, both smiling and looking at a laptop screen. The man is wearing a yellow shirt and the girl is wearing a pink shirt. They are sitting at a wooden table in a home setting with framed pictures and a globe in the background.

Are you interested in participating in T1D research?

Joining the T1D Exchange Registry is easy! Here's how:

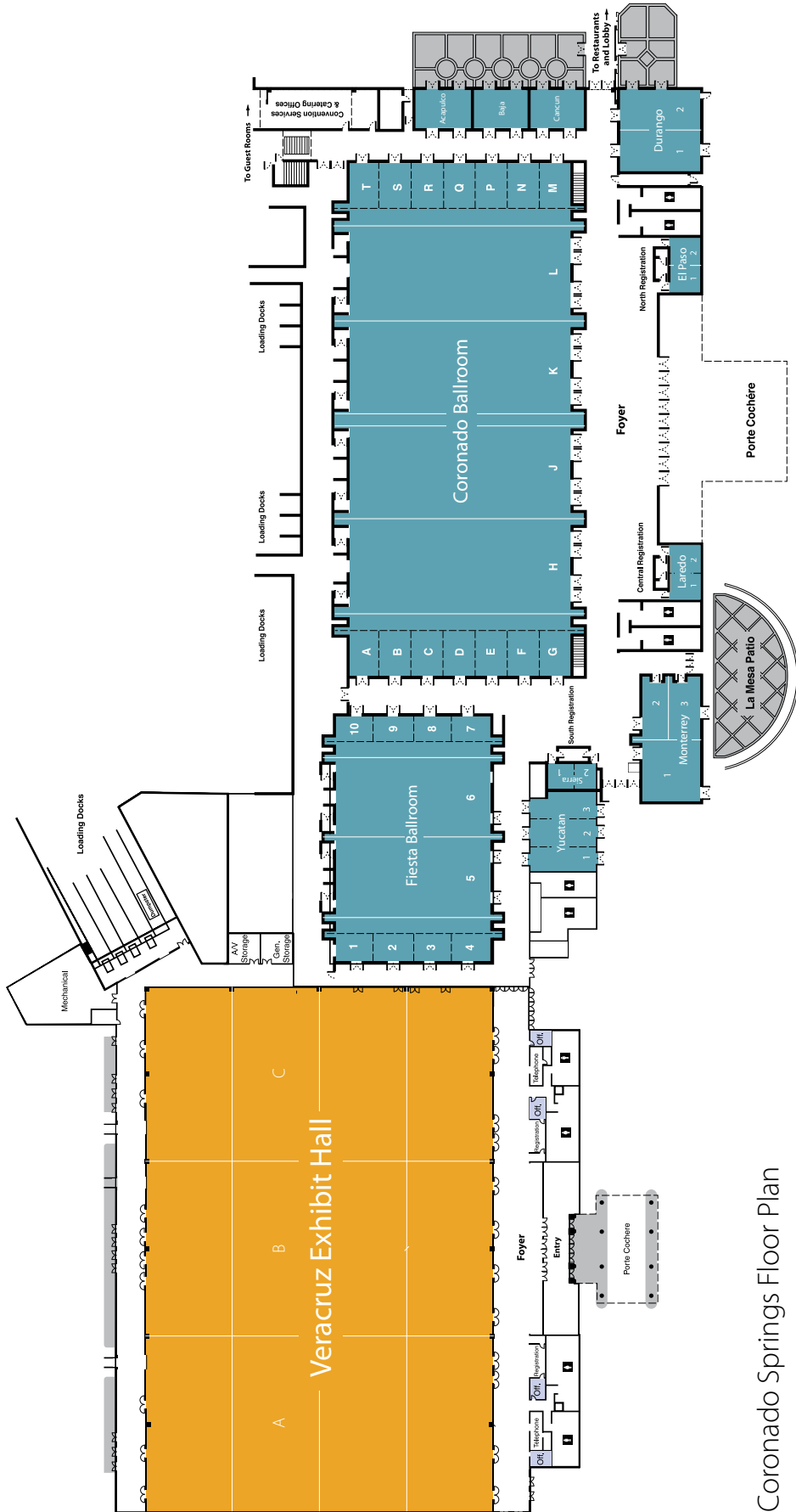
- 1 Create an account
- 2 Read and sign the online informed consent form
- 3 Take a 15-minute questionnaire about your experience with T1D
- 4 Update your annual questionnaire this time next year
- 5 Check the Registry Dashboard for other research opportunities!



SCAN HERE

Join the T1D Exchange Registry Today!

Map of the Convention Center



Coronado Springs Floor Plan

Program of Events and Sessions



Program for Tuesday, July 5, 2022

North Registration	Central Registration	Veracruz North	Veracruz South Registration	Baja / Cancun	Coronado Q
Attendee Registration A-K 10:00 am - 4:00 pm	Attendee Registration L-Z 10:00 am - 4:00 pm	T-Shirt Pick-Up 10:00 am - 4:00 pm	Sponsor and Exhibitor Registration 9:00 am - 4:00 pm	Retinal Screening for Staff 8:00 am - 5:00 pm Pre-Registration Required	TrialNet Screening 9:00 am - 5:00 pm Walk-Ins Welcome Pre-Registration Not Required

Program for Wednesday, July 6, 2022

North Registration	Central Registration	Veracruz North	Veracruz South Registration	Baja / Cancun	Coronado Q
Attendee Registration A-K 7:30 am - 9:00 pm	Attendee Registration L-Z 7:30 am - 9:00 pm	T-Shirt Pick-Up 7:30 am - 9:00 pm	Sponsor and Exhibitor Registration 9:00 am - 12:00 pm	Retinal Screening 8:00 am - 5:00 pm Pre-Registration Required	TrialNet Screening 9:00 am - 5:00 pm Walk-Ins Welcome Pre-Registration Not Required

Program for Thursday, July 7, 2022

North Registration (All Attendees)	Baja / Cancun	Coronado Q
Attendee Registration A-Z 7:30 am - 4:00 pm	Retinal Screening 8:00 am - 5:00 pm Pre-Registration Required	TrialNet Screening 9:00 am - 5:00 pm Walk-Ins Welcome Pre-Registration Not Required

Program for Friday, July 8, 2022

Baja / Cancun	Coronado Q
Retinal Screening 8:00 am - 5:00 pm Pre-Registration Required	TrialNet Screening 9:00 am - 5:00 pm Walk-Ins Welcome Pre-Registration Not Required

Sports Central Open Gym Hours — Veracruz C

Tuesday	Wednesday	Thursday	Friday
12:00 pm - 3:00 pm	7:00 pm - 9:00 pm	8:30 pm - 10:00 pm	12:00 pm - 1:30 pm



Program of Events and Sessions

Program for Wednesday, July 6, 2022				
Time	Fiesta 2	Fiesta 3+4	Coronado AB	Coronado CD
8:00 - 9:00	Breakfast on Your Own			
9:00 - 10:00	New and Emerging Technologies Embecta <i>Pre-Registration Required</i>	Spotlight on Type 1 Diabetes Staging: Why Screening and Monitoring Matter JDRF	Guidelines for Diabetes Grandparents Henry Rodriguez, MD and Janet Rodriguez, RN, BSN, CDCES	Devices and Desires Tandem Diabetes <i>Pre-Registration Required</i>
10:00 - 11:00	Coffee Break On Your Own			
11:00 - 12:00	Dexcom Focus Group: Logging and Tracking Meals and Activities <i>Pre-Registration Required</i>	Thriving in Adulthood with #TeamFreeStyleLibre Paloma Guerrero	Type AuSome Leigh Fickling, MEd, MS, JD and Shideh Majidi, MD	DPAC Reception George Huntley
12:00 - 1:30	Lunch Break On Your Own			
1:30 - 2:30	Dexcom Focus Group: Logging and Tracking Meals and Activities <i>Pre-Registration Required</i>	Updates in Continuous Glucose Monitoring Technology Nicole Rosenke, PharmD	Grandparents Hands-On Diabetes Workshop Henry Rodriguez, MD and Janet Rodriguez, RN, BSN, CDCES	Devices & Wearability Tandem Diabetes <i>Pre-Registration Required</i>
2:30 - 3:30	Coffee Break On Your Own			
3:30 - 4:30	Did You Know Mealtime Insulin Can Be Inhaled? MannKind	Sleep Overs and Fieldtrips: Conversations About Life After a Diabetes Diagnosis Dr. Jen McVean and Special Guests Medtronic	Support for Significant Others Matt Point, MS and Grace Billetdeaux <i>Significant Others Only</i>	Optimizing the Injection Experience Embecta <i>Pre-Registration Required</i>
6:00 - 9:00	Grand Opening Ceremony and Reception in Exhibit Hall 6:00 - 9:00 pm in Veracruz A and B			



Program for Wednesday, July 6, 2022					
Time	Coronado EF	Coronado M	Durango	Yucatan	Coronado H
8:00 - 9:00	Breakfast On Your Own				
9:00 - 10:00	DiabeLoop: Putting People First <i>Pre-Registration Required</i>		Putting the Fun Back into Diabetes Education Deapp Kids welcome		First Timers Orientation Sponsored by Dexcom Youth should attend the Youth Program
10:00 - 11:00	Coffee Break On Your Own				
11:00 - 12:00	Why Glucagon is an Essential Tool in your child's Diabetes Bag Xeris	Omnipod Focus Group #1 <i>Pre-Registration Required</i>	The Power of Dreams for Diabetes Management Michael Hunter	An Update on Biosimilars & Biosimilar Insulins Viatrix	Find Your Fiffles First Timers Team
12:00 - 1:30	Lunch Break On Your Own				
1:30 - 2:30	Importance of Eye Exams American Diabetes Association Dr. Ben Szirth	Omnipod Focus Group #2 <i>Pre-Registration Required</i>	UF Diabetes Institute Journey Through the T1D Pancreas University of Florida Diabetes Institute	Real Life Prep: College, Work, and Independence with Diabetes College Diabetes Network <i>Pre-Registration Required</i>	Docu-Diabetes Screening Matt Point, MS, Sasha Squibb, and Jordan Squibb
2:30 - 3:30	Coffee Break On Your Own				
3:30 - 4:30	T1D Trivia: It's Game On! Provention Bio <i>Pre-Registration Required</i>		UF Diabetes Research Team Update and Panel Discussion	Unboxing the Omnipod® 5 Automated Insulin Delivery System	Screening of The Human Trial Supported by Beyond Type 1 and JDRF
6:00 - 9:00	Grand Opening Ceremony and Reception in Exhibit Hall 6:00 - 9:00 pm in Veracruz A and B				



Program of Events and Sessions

Program for Thursday, July 7, 2022					
Time	Fiesta 2 (Young Adult Sessions)	Fiesta 3+4	Coronado AB	Coronado CD	Coronado EF
8:00 - 9:00	Breakfast Buffet in Coronado Foyer				
9:00 - 10:00					
10:00 - 11:00	Coffee Break inside Exhibit Hall — Visit Exhibits in Veracruz AB				
11:00 - 12:00	Managing Pregnancy with T1D Liz Robinson, PA-C, CDCES and Elizabeth Forrest	Self-Compassion and Diabetes Management Laura Smith, PhD, CDCES	Grandparents: Mastering Sleepovers and Emergencies Henry Rodriguez, MD and Janet Rodriguez, RN, BSN, CDCES	Diagnosed in Adulthood Phyllisa Deroze, PhD	Newly Diagnosed: Navigating the Emotions Around Diabetes Jessica Kichler, PhD, CDCES
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00				
1:30 - 2:30	Young Adult Open Diabetes Discussion Jessie Wong, PhD <i>Young Adults Only</i>	Uploading your Diabetes Data and What To Do with It Kenny Rodenheiser, RN, BSN, CDCES	Finding your Diabetes Support System Phyllisa Deroze, PhD	Celiac and Diabetes Leah Groppo, RD, MS, BC-ADM, CDCES	Newly Diagnosed Survival Guide Laura Jacobsen, MD
2:30 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB				
3:30 - 4:30	PCOS, Periods, and Diabetes Angelina Bernier, MD	Managing Diabetes Distress and Burnout Jessie Wong, PhD	Grandparents Discussion: Common Fears Henry Rodriguez, MD, Julie Gettings, PhD, and Janet Rodriguez, RN, BSN, CDCES	Diabetes Skin Challenges: Allergies, Tapes, and Site Rotation Liz Robinson, PA-C, CDCES	Carb Counting Tips and Tricks Leah Groppo, RD, MS, BC-ADM, CDCES
6:30 - 8:30	Friends for Life Banquet – FFL Safari Sponsored by Novo Nordisk 6:30 - 8:30 in Coronado HJKL				
8:30 - 10:30	Music and Dancing Sponsored by Novo Nordisk Following the Banquet 8:30 - 10:30 pm in Coronado HJKL				



Program for Thursday, July 7, 2022					
Time	Durango	Yucatan	Coronado H	Coronado J	Coronado K
8:00 - 9:00	Breakfast Buffet in Coronado Foyer				
9:00 - 10:00			Richard Rubin Opening Keynote Evolution of CWD Jeff Hitchcock 		
10:00 - 11:00	Coffee Break inside Exhibit Hall — Visit Exhibits in Veracruz AB				
11:00 - 12:00	Parenting Young Children with Diabetes Jessie Wong, PhD	Managing Diabetes When Technology Fails Shideh Majidi, MD	How Exercise Affects Blood Glucose Dessi Zaharieva, PhD, CDCES	 Progress Toward Prevention and Reversal of Type 1 Diabetes Laura Jacobsen, MD	The DIY APS Movement: How People with Diabetes Help Each Other Katarina Braune, MD
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00				
1:30 - 2:30	Parenting Tweens and Teens with Diabetes Julie Gettings, PhD	Taking Diabetes to Campus, the Office and Abroad Leigh Fickling, MEd, MS, JD and Matt Point, MS	Sugar Surfing Concepts Stephen Ponder, MD, CDCES, FAAP	 Diabetes on a Budget- Manufacturer's Coupons, Using the Pharmacy Benefit, and Other Resources Jasmine Gonzalvo, Pharm.D, BCPS, BC-ADM, CDCES, LDE, FAADE	Diabetes Technology Research Update Bruce Buckingham, MD
2:30 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB				
3:30 - 4:30	Planning is the Key to Overcoming Obstacles in Diabetes Michael Hunter	Minimizing Low-BG Anxieties Laura Smith, PhD	Sugar Surfing Workshop Stephen Ponder, MD, CDCES, FAAP	 Federal Update: Will They Ever Lower the Cost of Insulin and Other Drugs? George Huntley and Jacob Jansen	Diabetes is Changing Quickly: The Latest Breakthroughs from the ADA Scientific Sessions Robert Gabbay, MD, PhD
6:30 - 8:30	Friends for Life Banquet – FFL Safari Sponsored by Novo Nordisk 6:30 - 8:30 in Coronado HJKL				
8:30 - 10:30	Music and Dancing Sponsored by Novo Nordisk Following the Banquet 8:30 - 10:30 pm in Coronado HJKL				



Program of Events and Sessions

Program for Friday, July 8, 2022					
Time	Fiesta 2 <i>(Young Adult Sessions)</i>	Fiesta 3+4	Coronado AB	Coronado CD	Coronado EF
8:00 - 9:00	Breakfast Buffet in Coronado Foyer — Sponsored by Abbott Diabetes Care				
9:00 - 10:00	Staying Safe with Sex and Substances and Diabetes Daniel DeSalvo, MD <i>Young Adults Only</i>	Diabetes Red Flags: Disordered Eating, Suicidality, and More Shideh Majidi, MD and Laura Smith, PhD, CDCES	Happy Feet: How Foot Health Contributes to Diabetes Management Marizeli Olacio, DPM	Supportive Partnerships and Diabetes Michelle Litchman, PhD, FNP-BC, FAANP, FADCES, FAAN	Safe at School: Protecting the Rights of Students with Diabetes Henry Rodriguez, MD and Janet Rodriguez, RN, BSN, CDCES
10:00 - 11:00	Coffee Break inside Exhibit Hall — Visit Exhibits in Veracruz AB				
11:00 - 12:00	Sharing Diabetes Data as an Adult Rayhan Lal, PhD, MD, MPH <i>Young Adults Only</i>	Preventing Lows During and After Exercise Dessi Zaharieva, PhD, CDCES	It Takes a Village: Diabetes Support Matters Michelle Litchman, PhD, FNP-BC, FAANP, FADCES, FAAN	Getting Involved in Clinical Trials Laura Jacobsen, MD	Safe at School: 504 Planning Henry Rodriguez, MD and Janet Rodriguez, RN, BSN, CDCES
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00				
1:30 - 2:30	Diabetes Complications and Challenges for Men Rayhan Lal, PhD, MD, MPH <i>Young Adults Only</i>	Transitioning from Pediatric to Adult Care Michelle Litchman, PhD, FNP-BC, FAANP, FADCES, FAAN	Hands-On Diabetes for Loved Ones of PWD Janet Rodriguez, RN, BSN, CDCES	Supporting Siblings of Children with T1D Jessica Kichler, PhD, CDCES	Advocating for Yourself with Your Healthcare Team Phyllisa Deroze, PhD
2:30 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB				
3:30 - 4:30					
Evening	Family Movie Night 7:00 - 9:00 in Fiesta Ballroom Sponsored by Dexcom			T1 Adult Social Event 8:00 - 11:00 in Coronado H Sponsored by Omnipod	
	Dessert and Posters with the Faculty 9:00 - 11:00 in Veracruz Foyer				

Program of Events and Sessions



Program for Friday, July 8, 2022						
Time	Durango	Yucatan	Coronado H	Coronado J	Coronado K	Coronado M
8:00 - 9:00	Breakfast Buffet in Coronado Foyer — Sponsored by Abbott Diabetes Care					
9:00 - 10:00	Fat and Protein Boluses Leah Groppo, RD, MS, BC-ADM, CDCES	State Update: What Can States Do To Make Health Care Affordable? George Huntley and Erin Callahan	Everything But Insulin: Other Medications for Type 1 Diabetes Care Jasmine Gonzalvo, Pharm.D, BCPS, BC-ADM, CDCES, LDE, FAADE	 Key Goals for Diabetes Management: the Pediatric and Adult Perspectives Bruce Buckingham, MD and Rayhan Lal, PhD, MD, MPH	The Importance of Sick Day Management with Diabetes Angelina Bernier, MD	
10:00- 11:00	Coffee Break inside Exhibit Hall — Visit Exhibits in Veracruz AB					
11:00 - 12:00	Making Your Healthcare Team Your Ally Angelina Bernier, MD and Laura Smith, PhD, CDCES	Dads of FFL's (DoFFLs) Down to Earth Jeff Karitis, CFP, CEPA and Ray Benedetto, DM, LFACHE	The Relationship Between Parental Stress and Diabetes: Putting on Your Oxygen Mask First Shidej Majidi, MD and Liz Robinson, PA-C, CDCES	 Leveraging Teamwork in Diabetes Management Jessie Wong, PhD	Fine-Tuning Your Closed-Loop System Daniel DeSalvo, MD	Health Insurance Explained George Huntley
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00					
1:30 - 2:30	Young Adult Panel for Parents: Ask Us Anything Kenny Rodenheiser RN, BSN, CDCES, Dessi Zaharieva, PhD, CDCES, Elizabeth Forrest	Moms Wine and Crafts Lauren Lanning and Leigh Fickling, MEd, MS, JD Sponsored by Omnipod	Anxiety, Depression, and Diabetes Julie Gettings, PhD	 How to Make Your Diet Work for Your Diabetes Leah Groppo, RD, MS, BC-ADM, CDCES	Diabetes Life Hacks: Tips and Tricks for Diabetes Management Daniel DeSalvo, MD	Putting the Fun Back into Diabetes Education: Age is just a Number Dr. James Greening, MBBS, MRCPCH and Sarah Lockwood-Lee
2:30 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB					
3:30 - 4:30			Closing Keynote: Taking Diabetes Along for Life's Adventures Oren Lieberman			
Evening	Family Movie Night 7:00 - 9:00 in Fiesta Ballroom Sponsored by Dexcom			T1 Adult Social Event 8:00 - 11:00 in Coronado H Sponsored by Omnipod		
	Dessert and Posters with the Faculty 9:00 - 11:00 in Veracruz Foyer					



Program of Events and Sessions

Program for Saturday, July 9, 2022

Time	Event and Location
8:00 - 11:00	Inaugural Friends for Life Golf Outing Meet in Coronado Ballroom Porte-Cochere for 7:15 am departure
9:00 - 12:00	SuperBowlus Join Tandem and professional football players Blake Ferguson and Reid Ferguson (yes, they're brothers) for a morning of football and fun, open to kids ages 6 and up. There will be games, prizes, dancing, and cheering at this can't-miss event. Sponsored by Tandem Diabetes Care Veracruz C
1:00 - 3:00	Play with a Pro Tennis with JC Aragon Sponsored by Novo Nordisk Veracruz B

Evening	Family Carnival 7:30 - 9:30 Coronado H All Ages Welcome Sponsored by Medtronic	Teen Dance 8:00 - 11:00 Fiesta 6 Ages 13-17 Dress Nicely
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Program for Sunday, July 10, 2022

Time	Event and Location
8:00 - 10:00	Farewell Breakfast Coronado HJ Join your new friends for life for a farewell breakfast. All families welcome.



DID YOU KNOW?

Giraffes are equipped with blue tongues! Since their tongues are often out of their mouths to feed, exposed to sunlight, the blue color gives them extra protection.





Program for Wednesday, July 6, 2022				
Time	Kiddie Kove Ages 0-5 Monterrey	Elementary Program Ages 6-8 Fiesta 5	Tween Program Ages 9-12 Fiesta 6	Teen Program Ages 13-17 Coronado L
Early	Breakfast On Your Own			
9:00 - 10:00	Check In and Morning Meeting	Icebreakers and Big Group Games	Meet the Tweens Icebreakers	Icebreakers
10:00 - 11:00	Break On Your Own			
11:00 - 12:00	Painting Safari Shirts	Movie Time	Sports and Activities	Scavenger Hunt
12:00 - 1:30	Lunch On Your Own			
1:30 - 2:30	Safari Fun at Sports Central	Dancing for Diabetes	Food is Fuel	Tech Update and Orange Team
2:30 - 3:30	Break On Your Own			
3:30 - 4:30	Movie and Rest	Adventure with Parker	Movie Time	Sports Central
6:00 - 9:00	Grand Opening Ceremony and Reception in Exhibit Hall 6:00 - 9:00 pm in Veracruz A and B			



Youth Program of Events and Sessions

Program for Thursday, July 7, 2022				
Time	Kiddie Kove Ages 0-5 Monterrey	Elementary Program Ages 6-8 Fiesta 5	Tween Program Ages 9-12 Fiesta 6	Teen Program Ages 13-17 Coronado L
Early	Breakfast Buffet in Coronado Foyer			
9:00 - 10:00	Check In and Morning Meeting with the Orange Team	Exercise with Harold	Games Games Games	Ask the Expert
10:00 - 11:00	Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
11:00 - 12:00	Roar On In!	Meet the VIPs	Evolution of Diabetes	Be Kind to Your Mind
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00			
1:30 - 2:30	Safari Exercise with Harold	Nutrition Made Fun!	Green + Orange Teams	TypeOneTok
2:30 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
3:30 - 4:30	Movie and Rest	Scavenger Hunt	Sports Central	The World of Social Media
6:30 - 8:30	Friends for Life Banquet – FFL Safari Sponsored by Novo Nordisk Coronado HJKL			
8:30 - 10:30	Music and Dancing Sponsored by Novo Nordisk Following the Banquet 8:30 - 10:30 pm in Coronado HJKL			



Program for Friday, July 8, 2022				
Time	Kiddie Kove Ages 0-5 Monterrey	Elementary Program Ages 6-8 Fiesta 5	Tween Program Ages 9-12 Fiesta 6	Teen Program Ages 13-17 Coronado L
Early	Breakfast Buffet in Coronado Foyer			
9:00 - 10:00	Check In and Morning Meeting: Decorate Safari Binoculars	Sports Central	Meet the VIPs	
10:00 - 11:00	Break inside Exhibit Hall — Visit Exhibits in Veracruz AB			
11:00 - 12:00	We're Going on a Safari	Green + Orange Teams	Relays with Harold	Teens Off Site at Animal Kingdom Meet in Veracruz Foyer Outside of Exhibition Hall for 7:30 am departure
12:00 - 1:30	Lunch Buffet in Coronado Foyer — Exhibits Re-open at 1:00			
1:30 - 2:30	Safari Yoga with Ranger Parker	FFL Games	Magnificent Tween Scavenger Hunt	DO NOT BE LATE Breakfast is at Animal Kingdom Teens Due Back by 5:00 pm
2:30 - 3:30	Snack Break inside Exhibit Hall — Visit Exhibits in Veracruz ABO n Your Own			
3:30 - 4:30	Movie and Rest	FFL Memory Books	Minute to Win It	
7:00 - 9:00	Family Movie Night Sponsored by Dexcom Fiesta Ballroom			
9:00 - 11:00	Desserts and Posters with the Faculty Veracruz Foyer			



Social Events

Wednesday, July 6

- 9:00 - 10:00 am** **First Timers Orientation**
For Parents and Adults - Youth attend Youth Program
Coronado H — Sponsored by **Dexcom**
- 6:00 - 9:00 pm** **Grand Opening Ceremony and Reception in Exhibit Hall**
Veracruz A and B

Thursday, July 7

- 6:30 - 8:30 pm** **Friends for Life Banquet – FFL Safari**
Coronado HJKL — Sponsored by **Novo Nordisk**
- 8:30 - 10:30 pm** **Music and Dancing**
Coronado HJKL — Sponsored by **Novo Nordisk**

Friday, July 8

- 7:00 - 9:00 pm** **Family Movie Night**
Fiesta Ballroom — Sponsored by **Dexcom**
- 8:00 - 11:00 pm** **T1 Adult Social Event**
Coronado H — Sponsored by **Omnipod**
- 9:00 - 11:00 pm** **Dessert and Posters with the Faculty**
Veracruz Foyer

Saturday, July 9

- 8:00 - 11:00 am** **Inaugural Friends for Life Golf Outing**
Meet in Coronado Ballroom Porte-Cochere for 7:15 am departure
- 9:00 am - 12:00 pm** **SuperBowlus (Football with Blake and Reid Ferguson)**
Veracruz C — Sponsored by **Tandem Diabetes Care**
- 1:00 - 3:00 pm** **Play with a Pro (Tennis with JC Aragon)**
Veracruz B — Sponsored by **Novo Nordisk**
- 7:30 - 9:30 pm** **Family Carnival**
Coronado H — Sponsored by **Medtronic**
- 8:00 - 11:00 pm** **Teen Dance**
Fiesta 6

Sunday, July 10

- 8:00 - 10:00 am** **Farewell Breakfast**
Coronado HJ



Monday, July 4	Group and Meetup Location	Notes
4:30 pm - 5:30 pm	Moms and Margaritas Meet at Barcelona Lounge—Look for the MoFFL sign	All moms and primary caregivers are welcome.
Tuesday, July 5	Group and Meetup Location	Notes
7:00 am - 8:00 am	Young Adult Morning Jog (18–26) Meet by the Laguna Bar outside of the Mercado	Need an early morning wake up call? Meet with fellow young adults for a jog around the lake!
9:00 am - 10:00 am	MoFFLs and Waffles Mercado—Look for the MoFFL sign	All moms and primary caregivers are welcome.
4:30 pm - 5:30 pm	Moms and Margaritas Meet at Barcelona Lounge—Look for the MoFFL sign	All moms and primary caregivers are welcome.
Wednesday, July 6	Group and Meetup Location	Notes
7:00 am - 8:00 am	Dads Morning Walk Around the Lake Meet by the Laguna Bar outside of the Mercado	
3:30 pm - 4:30 pm	Support for Significant Others Coronado A+B	Significant others session only
4:30 pm - 5:30 pm	Moms and Margaritas Meet at Barcelona Lounge—Look for the MoFFL sign	All moms and primary caregivers are welcome.
4:30 pm - 5:30 pm	LGBTQ+ Connection Meet at the Veracruz Porte Cochere	Looking to meet fellow 21+ members of the LGBTQ+ community who understand how living with T1D can put a damper on a well planned brunch? We can talk about that and more at our connection. Let's be fabulous together!
4:45 pm - 5:30 pm	LOOP Meet on the couches outside of Coronado J	If you use Loop or want to meet people who do, please join us. Kids are invited, too!
5:30 pm	Young Adult Exhibit Hall Meetup (18–26) Outside - under the Coronado Porte Cochere	
Thursday, July 7	Group and Meetup Location	Notes
7:00 am - 8:00 am	Dads Morning Walk Around the Lake Meet by the Laguna Bar outside of the Mercado	
7:00 am - 8:00 am	Young Adult Morning Jog (18–26) Meet by the Laguna Bar outside of the Mercado	Need an early morning wake up call? Meet with fellow young adults for a jog around the lake!
Friday, July 8	Group and Meetup Location	Notes
1:30 pm - 2:30 pm	Moms Wine and Crafts Yucatan	Sponsored by Omnipod
4:30 pm - 5:30 pm	Moms and Margaritas Meet at Barcelona Lounge—Look for the MoFFL sign	All moms and primary caregivers are welcome.
5:30 pm - 6:30 pm	Dads and Suds Happy Hour Meet at Barcelona Lounge—Look for the DoFFL sign	
Saturday, July 9	Group and Meetup Location	Notes
9:00 am - 10:00 am	MOFFLs and Waffles Mercado—Look for the MoFFL sign	All moms and primary caregivers are welcome
10:00 am - 11:00 am	LOOP Meet on the couches outside of Coronado J	If you use Loop or want to meet people who do, please join us. Kids are invited, too!
10:00 am	Young Adult Magical Kingdom Day (18–26) Meet in front of Cinderella's Castle	Meet up with your new friends at Magic Kingdom at 10am in front of Cinderella Castle. Note that tickets must be purchased and park reservations made on your own ahead of time.
3:00 pm - 4:00 pm	Moms and Margaritas Meet at Barcelona Lounge—Look for the MoFFL sign	All moms and primary caregivers are welcome.
9:00 pm	Young Adult Late Happy Hour (18–26) Meet at Barcelona Lounge	Enjoy one last night of drinks and chats with fellow young adults before we say our goodbyes tomorrow!

Note: Hoping to do a last minute meet-up? Post it on the Board next to South Registration the day of the meet-up to let people know!

THE JDRF – BEYOND TYPE 1 ALLIANCE IS COMMITTED TO SERVING EVERYONE IMPACTED BY TYPE 1 DIABETES (T1D) BY PROVIDING EDUCATIONAL TOOLS AND RESOURCES THROUGH A VARIETY OF MEANINGFUL AND ENGAGING PROGRAMS FOR THE T1D COMMUNITY.

CHECK OUT ALL OF THE AWESOME OPPORTUNITIES SUPPORTED BY THE ALLIANCE AND FIND A NEW WAY TO GET CONNECTED TODAY!

BAG OF HOPE



Over 40,000 people are diagnosed with Type 1 diabetes each year, many of whom are children. The JDRF Bag of Hope is a wonderful resource for newly diagnosed kids that provides educational tools, emotional support, and valuable connections during the uncertain times that follow an initial diagnosis of T1D. Today, more than 65% of newly diagnosed children receive a Bag of Hope each year.

THE SNAIL MAIL CLUB



The Snail Mail Club is a pen pal program for kids, teens, and adults living with Type 1 diabetes around the world. There are members on every continent (except Antarctica!) and over 25% of members are internationally based. The Snail Mail Club is a wonderful way to tap into the community and build purposeful connections that go beyond the page.

TYPEONE NATION SUMMITS



TypeOneNation Summits offer educational and networking opportunities for the T1D community - available virtually through 2021! Experts share the latest on breakthroughs in research, treatments, and the psychosocial side of T1D – offering something for everyone. Annually, Summits see 21,000 attendees at 54 events nationwide!

JESSE WAS HERE



Jesse Was Here provides resources, support, and tools for those navigating life after a Type 1 diabetes death. Created as a result of one mother's experience after the sudden loss of her 13-year-old son, Jesse, from Type 1 diabetes, this online community supports others experiencing that same loss. With stories to provide comfort, the chance to foster connections with others, and the opportunity to celebrate and honor lost loved ones, Jesse Was Here supports an especially unique and deserving community.

GETINSULIN.ORG



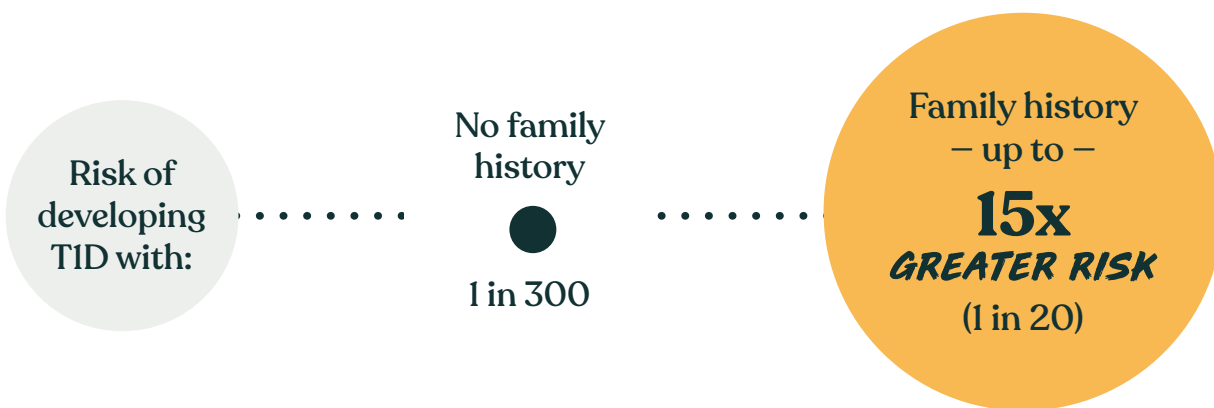
GetInsulin.org connects people with diabetes in the United States to the insulin access and affordability options that match their unique circumstances. If you're struggling to access insulin, you're not alone. Go to GetInsulin.org today and get connected to programs that can help.

HEAD TO [JDRF.ORG/BEYONDTYPE1](https://www.jdrf.org/beyondtype1) TO LEARN MORE ABOUT THE ABUNDANCE OF PROGRAMS SUPPORTED BY THE JDRF – BEYOND TYPE 1 ALLIANCE AND SEE HOW YOU CAN GET MORE INVOLVED IN THE T1D COMMUNITY.



HOW DO YOU
protect against an
invisible threat?
Get Type 1 Tested.

If type 1 diabetes (T1D) is in your family, you or your loved ones could be at risk:



Type1Tested.com

SIGN UP

for **Together Through T1** to get helpful information and resources about the importance of T1D screening.

Follow us on social @Type1Tested





OUR MISSION

Children with Diabetes focuses on **care today**, so we are ready for a **cure tomorrow**. As a global resource, we provide **support, education and inspiration** to empower families and all people living with diabetes to enjoy healthy, enriched lives.



Better Together

Children with Diabetes was born 25 years ago out of our personal and family experiences with T1D.

Today, Children with Diabetes and our Friends for Life Conferences bringing together those who live with T1D and the amazing people who support them.

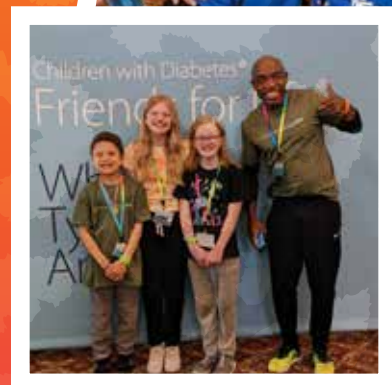
Join this incredible group of world-renowned clinicians, researchers, physicians, T1 adults, children and families to learn more about current ideas for care and support.

Friends for Life Conferences offer a full range of programs for kids, teens, tweens, parents, grandparents and adults, including:

- World-Class Science Discussion Groups
- Kids Activities
- Carb-Counted Meals (including Gluten-Free)
- Kid-Focused Learning Groups
- Sessions for Parents/Caregivers
- State-of-the-Art Technologies
- Much More!

To learn more about Friends for Life Conference dates and details, visit: **ChildrenwithDiabetes.com**.

 Children with Diabetes®



Upcoming FFL Conferences

2022

Friends for Life College Park 2022 at the College Park Marriott
Hyattsville, Maryland | October 7-9, 2022

2023

Friends for Life Seattle 2023 at the Renaissance Seattle
Seattle, Washington | March 17-19, 2023

Friends for Life Orlando 2023 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 4-9, 2023

Friends for Life White Plains 2023 at the Sonesta White Plains
White Plains, New York | October 6-8, 2023

2024

Friends for Life Falls Church at Falls Church Marriott
Falls Church, Virginia | April 5-7, 2024

Friends for Life Orlando 2024 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 9-14, 2024

Friends for Life Anaheim at the Disneyland Hotel
Anaheim, California | October 25-27, 2024

Future Dates for Friends for Life Orlando

Friends for Life Orlando 2024 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 9-14, 2024

Friends for Life Orlando 2025 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 8-13, 2025

Friends for Life Orlando 2026 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 7-12, 2026

Friends for Life Orlando 2027 at Disney's Coronado Springs Resort
Lake Buena Vista, Florida | July 6-11, 2027

Friends for Life Orlando 2028 at the Gaylord Palms
Kissimmee, Florida | July 4-9, 2028

Friends for Life Orlando 2029 at the Gaylord Palms
Kissimmee, Florida | July 3-8, 2029

Friends for Life Orlando 2030 at the Gaylord Palms
Kissimmee, Florida | July 2-7, 2030

"CWD's reach is far
 and their difference
 is unmeasurable.
 I am so thankful my
 daughter can have
 these experiences
 from the very
 beginning of her type
 1 diabetes journey.
 Her life will undoubtedly
 be better for it."

—Missy
 T1D and Mom of T1D



For more information
and to register and book
your hotel, visit:

cwd.is/collegepark



Friends for Life® College Park 2022

October 7–9, 2022 • College Park Marriott • Hyattsville, Maryland



Friends for Life® is Coming to College Park, MD

Join our dedicated group of world-renowned faculty, adults, children, and families with diabetes—including siblings and children of adults with type 1 diabetes—for a great weekend of education and support. Attend educational sessions with cutting-edge diabetes management ideas. Participate in discussion groups, share your story, and help motivate and support others who walk in similar shoes. Watch kids and teens, college students and professionals, young parents and grandparents, new and practiced diabetes clinicians, all make new and lifelong friendships.

When: October 7–9, 2022

Where: College Park Marriott, Hyattsville, Maryland

Registration is \$210 per person for ages 6 and older, \$60 per person for ages 0-5.

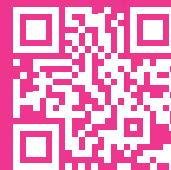
Registration includes:

- All sessions for adults and children
- Kiddie Kove for the youngest attendees (ages 0-5)
- Access to the Exhibit areas
- Reception on Friday evening
- Saturday breakfast, lunch, dinner, and snack breaks
- Sunday breakfast, lunch, and snack breaks
- One t-shirt per registered person

Apply today for a scholarship! Children with Diabetes offers a limited number of scholarships to a limited number of applicants. This includes the cost for a hotel room for 2 nights (checking in Friday, checking out Sunday) and registration costs for up to 4 attendees. Travel is not included. Applications are due September 2, 2022. To apply, visit **CWD.is/scholarships**.

ANIMALS RULE MY LIFE

Not diabetes



diabeloop

#RockYourDiabetes

Looking for a Partner in Managing Your Child's Diabetes?

Team up with a Certified Diabetes Care & Education Specialist (CDCES)

A Certified Diabetes Care and Education Specialist (CDCES) is a health professional who has a comprehensive knowledge of and experience in diabetes prevention, prediabetes, and diabetes management. A CDCES will partner with your family regarding diabetes throughout your child's life.



CDCESs represent a range of professions including registered and advanced practice nurses, registered dietitian nutritionists, pharmacists, physicians, PAs, and other qualifying backgrounds. To earn the CDCES credential, a diabetes care and education specialist must go through a rigorous process,

including passing an examination that covers numerous aspects related to managing diabetes, not just one area.

Why Should My Family See a CDCES?

Diabetes impacts a child at home and school and affects many areas of life. Successful self-management involves knowledge across a broad range of topics including healthy eating, taking medication, monitoring, being active, problem solving and reducing risk. It's difficult for your child and family members to gain all that knowledge alone.

With a CDCES on your team, your family can learn how to effectively manage and improve your child's health.

How Does My Family Find a CDCES?

Ask your primary care provider or specialist for a referral to a CDCES or locate a CDCES near you through the

Locate a CDCES Directory at www.cbdce.org/locate

Learn more!

■ www.cbdce.org/locate

■ 847.228.9795

■ info@cbdce.org



Please note: The Certified Diabetes Care and Education Specialist (CDCES) certification was formerly known as the Certified Diabetes Educator (CDE) certification.





Jeff Hitchcock

Jeff Hitchcock is the Founder, President, creator, editor, and webmaster of Children with Diabetes. After earning a degree in computational mathematics in 1981, Jeff worked in high tech and traveled the world, meeting Brenda, who would become his wife, in Africa. In September of 1989, their first child was diagnosed with type 1 diabetes at the age of two. Jeff worked in defense-related industries until 1995, when he started a small internet company and launched Children with Diabetes to share his family's experience caring for a child with T1D. He subsequently worked at LEXIS-NEXIS and Pearson plc on Internet initiatives, and now works full time bringing Children with Diabetes to you. Jeff also serves on the Board of Directors for the Diabetes Patient Advocacy Coalition (DPAC) and Beta Bionics.



Laura Billetdeaux, MS

A finicky connoisseur of hotel meeting space, cappuccino, and kid-friendly cheese and fruit platters, **Laura Billetdeaux** is CWD's VP of Education and Programs. Since the first CWD event in June 2000, Laura has organized Friends for Life conferences, always keeping in mind the true purpose of Children with Diabetes—education and support of families with type 1, and always keeping in mind why it all works—the efforts of so many dedicated individuals. Laura lives in Manchester, Michigan with her husband Neal. They are parents of Sam, FFL Meet-Ups Coordinator, and Carolyn, CWD's Volunteer and Training Coordinator.



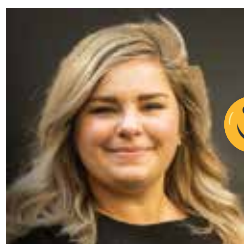
Matthew Point, MS

Matthew (Matt) Point, MS, serves as CWD's Director of Advancement. Matt is responsible for CWD's fundraising and development, working with our generous sponsors, and managing our conference scholarship program. In 2013, Matt attended his first CWD event—Friends for Life Orlando. Matt's favorite part of being involved with CWD and the Friends for Life Conferences is having the opportunity to meet other significant others of people with type 1 diabetes.



Marissa Town, BSN, RN, CDCES

Marissa Town, BSN, RN, CDCES, has lived with type 1 diabetes for 31 years and has been coming to the Children with Diabetes Friends for Life conferences since the beginning in the year 2000. She realized early on that helping other people living with diabetes was what she wanted to devote her life to, so she became a nurse and a diabetes educator. Marissa has worked in a diabetes clinic, as a pump trainer, as a Clinical Research Manager at Stanford University in diabetes research, and has recently started as the Clinical Director for CWD. Her main goal is to help improve peoples' quality of life and reduce barriers to quality healthcare. Marissa and her partner Adam have two young children, Connor and Everly, who also enjoy coming to Friends for Life to share their experiences growing up with a mom with type 1 diabetes. Marissa loves game nights, hiking with her dog Baxter, traveling (when it's not a pandemic), and crafting with her kids.



Sasha Squibb

Sasha Squibb is a visual communication specialist with a focus in non-profit marketing, serving as CWD's Creative Director. Sasha was diagnosed with type 1 diabetes more than 25 years ago and in a previous role oversaw outreach and marketing initiatives for the T1D community across Southwest Ohio. She is highly passionate about providing education and support for people with T1D and their families.



Beth Levering

Beth Levering is a part-time Project Manager and Administrative Assistant for Children with Diabetes. Beth was diagnosed with type 1 at the age of 21, shortly after graduating from the University of Cincinnati with a Communication degree. She is married and lives in the Cincinnati area and mom to three - two boys and a girl. Beth co-created a support group in the Northern Cincinnati area called "Sisterhood of the Defunct Pancreases" for adult T1 women. She enjoys spending time with her family, reading, spending time outdoors, and traveling to new places.





Thank you Beta Bionics
FOR SUPPORTING



Friends for Life® Orlando 2022

July 5–10, 2022 • Disney's Coronado Springs Resort • Orlando, FL



TOUCHED *by* TYPE 1

ELEVATING AWARENESS OF TYPE 1 DIABETES, RAISING FUNDS TO FIND A CURE, AND INSPIRING THOSE WITH DIABETES TO THRIVE.



D-Box

Sending supportive materials and resources to those newly diagnosed with Type 1 Diabetes.



Touched by Type 1 Conference

Annual conference designed to educate, encourage, and empower those touched by Type 1 Diabetes



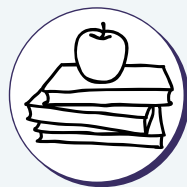
Dancing for Diabetes

Annual event using extraordinary talent and entertainment to spread awareness and hope.



Kids & Teens with Diabetes Dance Program

Free dance classes each Fall for kids and teens with Type 1 Diabetes.



Type 1 at School

Supporting schools in learning best practices for keeping Type 1 students safe at school.



Outreach

Hosting virtual and community-based events for individuals and families touched by Type 1 Diabetes.



@TOUCHEDBYTYPE1

WWW.TOUCHEDBYTYPE1.ORG

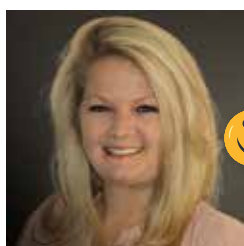


The CWD Fellows Program

The CWD Fellows Program at Friends for Life Orlando gives health care professionals who are beginning their careers an opportunity to see what type 1 diabetes is really like by spending a week with Friends for Life families. By exposing our Fellows to every aspect of life with type 1, from morning highs and lows to exercise-induced hypos to the emotional impact of a blood glucose reading that doesn't match expectations, we hope to help them bring greater understanding and compassion to the families who they will serve in their career. Our deepest thanks to our friends at CBDCE, Dexcom, Insulet, MannKind, and Tandem Diabetes Care for their support for this transformational program.



2022 Fellows



Shannon Carper, CDCES

Shannon Carper, RN, BSN was diagnosed with Type 1 diabetes seventeen years ago. She is currently working on obtaining her certification as a Clinical Diabetes Care and Education Specialist (CDCES).



Cristina Dethloff, MPH, RD, CDCES

Cristina Dethloff, RD, LDN, CDCES, is a Registered and licensed Dietitian and Clinical Diabetes Care and Education Specialist (CDCES). She has been a CDCES since 2008 and a RD, LDN since 2003 and has worked in all areas of diabetes education, but most recent is in diabetes-related medical devices. She has been a certified insulin pump trainer since 2015 and is certified on all three pumps at the moment and assisted both pediatric and adult diabetes patients in transitioning onto these exciting devices. She works at the University of South Florida Diabetes and Endocrinology Center and is also a Certified Product trainer with Medtronic diabetes.



Ghaisani Fadiana, MD

Ghaisani Fadiana, MD is currently pursuing a clinical observership in Riley Hospital for Children, Indiana University as part of her ISPAD Allan Drash Fellowship. She is originally from Indonesia, working as a final-year pediatric endocrinology fellow in the Endocrinology Division, Child Health Department, Universitas Indonesia – Cipto Mangunkusumo General Hospital, Jakarta. She has been developing a project which aims to create new and innovative tools for diabetes education in Indonesia.





Miriannette Gayaso, MD

Miriannette Gayaso, MD, or Dr. Miri is a first year pediatric endocrinology fellow at the University of Florida. She has had the opportunity to work with many wonderful patients and families with diabetes mellitus over the last year and is passionate about helping them achieve their goals. In her spare time, she loves to play with her fur babies, Moana and Maui. As an Orlando native she loves Disney and once worked at WDW's Pirate of the Caribbean ride (Yo ho! A Pirate's Life for Me!).



Arkadiusz Michalak, MD

Arkadiusz Michalak, MD is a young medical doctor, researcher and biostatistician working actively in the field of type 1 diabetes. In 2019 he graduated from Medical University of Lodz, where he now works in the Clinical Trial Unit and pursues PhD. His research interests focus on the use of new technologies in diabetes care, as well as early detection of T1D for future clinical trials. In private, he loves fantasy books and games.



Jennifer Nall, MS, RD, CSSD, LD, CDCES

Jennifer Nall, MS, RD, CSSD, LD, CDCES has been in diabetes education for 10 years working with both children and adults. She loves working with children and their families, supporting them in their diabetes journey. She studied at Texas A and M University, receiving her bachelors and masters degree. In her spare time, she enjoys reading and spending time with family and friends.



Margot Porter

Margot Porter is a medical student at the University of Utah School of Medicine who lives with T1D. She is passionate about advocacy, awareness, research, and social support for persons with diabetes. Margot also loves hiking, skiing, thrifting, and ketchup.



Priscila Rodas, MD

Priscila Rodas, MD, is originally from Ecuador and completed medical school there and after that came to the US to complete residency in Pediatrics in Brooklyn, NY; followed by a fellowship in Pediatric Endocrinology at Cincinnati Children's Hospital. She is very passionate about learning and managing patients with endocrine conditions such as T1D, being part of their lives to support and guide them and their families; making sure they thrive and fulfill their dreams despite having a chronic medical condition.



Baleana Watts-McGilberry, RDN, LDN, CDCES, DPP Lifestyle Coach

Baleana Watts-McGilberry, RDN, LDN, CDCES, DPP Lifestyle Coach, after receiving a Bachelor of Science degree, Baleana Watts-McGilberry was accepted and completed a competitive dietetic internship in Human Nutrition. Baleana has trained in multiple states and continues to work in Alabama as a Licensed, Registered Dietitian Nutritionist, Certified Diabetes Care and Education Specialist, and trained DPP Lifestyle Coach. Baleana has a wealth of knowledge having worked in various clinical inpatient, outpatient, and specialty disease roles in MS, TN, and AL. Baleana has a passion for health and prevention leading the charge as a Lead Nutritionist, ADA Recognized DSMES Program Quality Coordinator and ADCES Alabama Coordinating Body's Leader.





Kenneth Moritsugu, MD, MPH, FACPM, Rear Admiral, USPHS (Retired)

Chairman of the Board

Kenneth Moritsugu, MD, MPH, FACPM, Rear Admiral, USPHS (Retired), Chairman of the Board of Children with Diabetes®, is a retired Rear Admiral with the U.S. Public Health Service, who has twice been the Surgeon General of the United States. After a 37 year career in public service in uniform, he was the Vice President of Global Strategic Affairs for Diabetes; and WorldWide Chairman of the Johnson & Johnson Diabetes Institutes, a global network of educational facilities focused on providing health providers the knowledge, skills, and tools to help them better serve people with diabetes. He retired from Johnson and Johnson in 2013, and has been the President and Chief Executive Officer of First Samurai Consulting, LLC, a firm specializing in health policy and programs, bridging the public and private sectors.

In addition to being the Chair of T-1 Today, doing business as Children with Diabetes®, he is a member of the board of the American Association of Diabetes Educators, the Physician Assistant Foundation, and the National Council of Asian and Pacific Islander Physicians. He has been a member of the board of the National Kidney Foundation, the American Diabetes Association Research Foundation, and the American Dietetic Association, among several others. He is a member of the Board of Regents of the Uniformed Services University of the Health Sciences, America's health university; and vice chair of the Dean's Council for the George Washington University Milken School of Public Health.

He has had type 1 diabetes (LADA) for 15 years, and has been closely associated with and supportive of Children with Diabetes® for over a dozen years, in faculty and leadership roles. In November 2014, he was the JDRF's Hope Gala Honoree at its black tie event in Washington, DC.

His older daughter, Erika Moritsugu is an Assistant Secretary in the US Department of Housing and Urban Development; his younger daughter, Emily, is in middle school in the Japanese Immersion program in Fairfax County; and his wife, Lisa Kory, is an appointed Commissioner for the Fairfax County Commission on Organ Donation and Transplantation. He and his family reside in Great Falls, Virginia.



Mike Swearingen

Vice Chairman

Michael R. Swearingen is currently the Managing Director for Blackbriar LLC International Consulting. He is an international leader with over 30 years management experience at Johnson & Johnson and Eli Lilly and Company.

Mike has been a catalyst for passage of several state legislative measures including passage of a state licensure requirement for Diabetes Educators in the States of Kentucky and Indiana, and PA prescriptive authority in Indiana. He has worked with numerous companies, elected officials, government agencies, professional medical associations and academies to create major enduring initiatives such as, "Diabetes Awareness Days," state and federal advocacy training workshops, national and international medical education conferences, and national sales and management meetings.

Mike has served on the national foundation boards for the American Academy of Family Physicians, the American Academy of Physician Assistants, the American Association of Diabetes Educators Research and Education Foundation, and the Nurse Practitioner Healthcare Foundation. He is an honorary "PA" in the State of Indiana, and a recipient of the Diabetes Care Education (DCE) National Champion Award.

Currently he is on the board of directors for both T-1 Today Inc. (d/b/a Children with Diabetes), and the Diabetes Patient Advocacy Coalition.

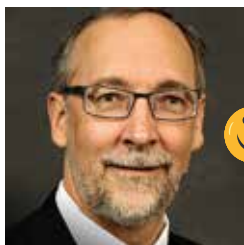


Joan Bardsley, MBA, RN, CDCES, FAADE

Secretary

Joan Bardsley, MBA, RN, CDCES, FAADE, is the assistant vice president of nursing and research integration at MedStar Health Research Institute (MHRI) and MedStar Health Corporate Nursing. She has over 40 years of experience in healthcare with a specialty in diabetes self-management education and support (DSMES). Ms. Bardsley has worked for MHRI for 25 years where her previous positions included responsibility for special projects and core scientific services. She is the MHRI representative to the MedStar Health Chief Nurses Council. She has served as co-investigator for the NIH supported inpatient diabetes education project as well as the AHRQ funded We Want to Know Project, which support the Interdisciplinary Model of Care (IMOC). At MedStar Health corporate nursing she is responsible as the executive liaison for administration of the Nursing Collaborative Governance Councils and has served as executive team liaison for a MedStar Wharton Nursing Leader of the Future. MS. Bardsley has published articles and book chapters on many aspects of DSMES and is an invited speaker both nationally and internationally on this topic. She holds an undergraduate degree in nursing from Boston College and a Master's in Business Administration from The George Washington University. Ms. Bardsley is the past President of the Association of Diabetes Care and Education Specialists, past chair of the Certification Board for Diabetes Care and Education (CBDCE), and Board member of Children with Diabetes. In addition, she is currently serves on several committees for ADCES, CBDCE, and the American Diabetes Association.





George Huntley

Treasurer, Board Member

George Huntley is a founding member of the Diabetes Leadership Council (DLC) and currently serves as the CEO of both the DLC and its affiliate, the Diabetes Patient Advocacy Coalition (DPAC). He has been living with type 1 diabetes since 1983 and has 3 other family members also living with type 1. A passionate advocate for people with diabetes, George served as the National Chair of the Board of the American Diabetes Association (ADA) in 2009. George is also the Chief Operating Officer and Chief Financial Officer of Theoris Group, Inc., an IT and engineering professional services firm based in Indianapolis, Indiana, where he has been the plan administrator of a self-insured, employer based health plan for over 20 years. In addition, George serves as the Treasurer of Children with Diabetes.



Jeff Hitchcock

CWD Staff, Board Member

Jeff Hitchcock is the Founder, President, creator, editor, and webmaster of Children with Diabetes. After earning a degree in computational mathematics in 1981, Jeff worked in high tech and traveled the world, meeting Brenda, who would become his wife, in Africa. In September of 1989, their first child was diagnosed with type 1 diabetes at the age of two. Jeff worked in defense-related industries until 1995, when he started a small internet company and launched Children with Diabetes to share his family's experience caring for a child with T1D. He subsequently worked at LEXIS-NEXIS and Pearson plc on Internet initiatives, and now works full time bringing Children with Diabetes to you. Jeff also serves on the Board of Directors for the Diabetes Patient Advocacy Coalition (DPAC) and Beta Bionics.



Cynthia M. Deitle, JD, LLM

Board Member

Cynthia M. Deitle, JD, LLM, is the Director, Associate General Counsel for the Civil Rights team at Facebook. Prior to joining Facebook in 2021, Deitle was the Director of Civil Rights at the Matthew Shepard Foundation, a LGBTQ+ advocacy non-profit organization for four years. Deitle served as a Special Agent with the Federal Bureau of Investigation from 1995 – 2017. During her career with the FBI, she focused her efforts on investigating violations of federal civil rights laws including police brutality and misconduct, hate crimes, and human trafficking. Ms. Deitle earned her Bachelor of Arts degree from The Ohio State University, her Juris Doctor degree from New England Law Boston, and a Master of Laws degree from both the George Washington University National Law Center and the New York University School of Law. She is an attorney licensed to practice law in Tennessee, Florida, Massachusetts and the District of Columbia and is an Adjunct Professor at Roane State Community College in Harriman, TN. Ms. Deitle was featured in a 2011 episode of 60 Minutes dealing with an unsolved Civil Rights Cold Case, and she appeared in the first season of Investigation Discovery's series, The Injustice Files. After her two year old son was diagnosed with type 1 diabetes in 2013, Ms. Deitle and her wife attended their first Children With Diabetes Friends for Life conference in Orlando. "The conference saved us. We found a community who embraced our family and not only gave us information about Type 1 diabetes and how to better manage the disease, but gave us the confidence that one day there will indeed be a cure. Until that day comes, we have Friends for Life." Ms. Deitle joined the staff and faculty of FFL in 2017 to share her family's journey and address the legal needs of young adults with type 1 diabetes. She joined the Board of Directors in January 2022. Deitle and her family live in Knoxville, Tennessee.



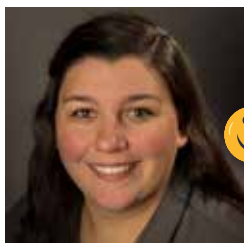
Lynda K. Fisher, MD

Board Member

Lynda K. Fisher, MD, Associate Professor of Pediatrics, The Keck School of Medicine of the University of Southern California, Associate Head, The Center for Endocrinology, Diabetes and Metabolism at Children's Hospital Los Angeles, is the Treasurer of the International Society for Adolescent and Pediatric Diabetes. She has served on the Board of Directors of the American Diabetes Association as well as many ADA national committees and task forces (especially those focused on youth and advocacy). She has been very active in advocacy for children with diabetes on the local, state, national and international arenas. She spends time each summer as a medical director at diabetes camps in California.



Denotes Board member with diabetes



Melissa Geren

Board Member

Melissa Geren was diagnosed with diabetes in 1995. She went to her first Friends for Life Orlando Conference in 2003 and has been attending Friends for Life conferences ever since. Melissa is mom to Maddax (born December 2021), wife to Zach and has three siblings, Sarah, Kayla, and Matthew (diagnosed at age two). Currently, Melissa works for Unilever Water and Air Wellness on the Blueair (Air Purification) brand on the Marketing Team. Aside from working with Tweens at Friends for Life Conferences each year, Melissa is currently a board member for Children with Diabetes.



Edward T. Hawthorne

Board Member

Edward T. Hawthorne, founder and managing partner of CE3 Solutions, LLC, serves as Chief Administrative Officer, after a 33 year career with Bank of America. Hawthorne has a dynamic professional background, having held various senior positions within Bank of America covering technology, operational risk, and customer servicing worldwide. During his tenure at Bank of America, he and his team developed a comprehensive system and corresponding methods for identifying and managing Operational Risk Assessments and Control, applying for and being subsequently awarded a U.S. Patent.

Hawthorne and his family reside in California. He is actively engaged in serving his community and is committed to finding a cure for diabetes and improving the lives of all people living with diabetes. He is currently Vice Chair of the board for the Diabetes Leadership Council and on he Emeritus Council for the American Diabetes Association. He has served as Chairman of the National Board of Directors for the American Diabetes Association, Chairman of the Board of Directors of the California Affiliate of the American Diabetes Association, and various committees for the association. He has served on the Board of Directors for the San Francisco Museum of African Diaspora, Vice-Chairman of the Board of Directors for the American Red Cross of the Bay Area and member of the National Nominating Committee, and the Board of Directors for the March of Dimes for the Bay and Chairman of the Contra Costa March of Dimes WalkAmerica. Hawthorne has also served as Chairman and Director Emeritus of the Strategic Advisory Board for the International Help Desk Institute, and Advisory Boards for Meris Consulting. Hawthorne has also served as Chairman and Director Emeritus of the Strategic Advisory Board for the International Help Desk Institute, and Advisory Boards for Meris Consulting, Digital Fuel, Convergys, LivePerson, and the Risk Management Association IT Committee.



George Grunberger, MD, FACP, FACE

Board Member

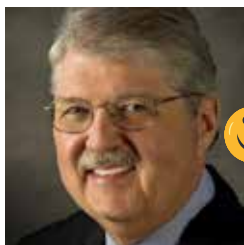
George Grunberger, MD, FACP, FACE, is the chairman of Grunberger Diabetes Institute in Bloomfield Hills, Michigan. Dr. Grunberger, is also Clinical Professor of Internal Medicine and of Molecular Medicine & Genetics at Wayne State University School of Medicine, Professor of Internal Medicine at Oakland University William Beaumont School of Medicine as well as Visiting Professor at First Faculty of Medicine at Charles University in Prague (Czech Republic).

Before establishing GDI in 2002, Dr. Grunberger was Director of the Diabetes Program at the Detroit Medical Center for 16 years and the Medical Director of Wayne State University's Morris J. Hood Comprehensive Diabetes Center. Dr. Grunberger held tenured Full Professor appointments at the University in Department of Internal Medicine and in the Center for Molecular Medicine and Genetics since 1986. Between 1997 and 2001 he was Henry L. Brasza Director of the Center for Molecular Medicine and Genetics. Prior to that Dr. Grunberger served as interim Chairman of the Department of Internal Medicine and Physician-in-Chief of the Detroit Medical Center. Dr. Grunberger came to Detroit from the Diabetes Branch (at NIDDK) of the National Institutes of Health in Bethesda, MD. Dr. Grunberger received his internal medicine training at Case Western Reserve University in Cleveland, OH, his medical (M.D.) training at the New York University School of Medicine and his bachelor's degree (in biochemistry) at Columbia College of Columbia University, also in New York City.

Dr. Grunberger has published over 150 peer-reviewed manuscripts as well as review articles, abstracts and book chapters. His research interests have spanned the spectrum of subjects related to diabetes and its complications, from basic studies on molecular underpinning of insulin action and insulin resistance to clinical research studies on many aspects of diabetes and its management.

Dr. Grunberger has been an active member of many professional organizations where he has held elected positions of leadership. He is currently the Past President of American Association of Clinical Endocrinologists and President Elect of the American College of Endocrinology. He is a co-editor of two international diabetes journals. Dr. Grunberger has served as an educator of medical students, interns, residents, endocrinology fellows, master's and Ph.D. candidates, and junior faculty over the past 35 years.





Stewart Perry

Board Member

Stewart Perry grew up in Lexington, Kentucky. Since 1983 he has been the co-owner of Perry & Perry State Farm Insurance, one of the largest State Farm Insurance agencies in the state of Kentucky and is a Diabetes Consultant and Advocate. Stewart's family has been dramatically affected by diabetes. His son has type 1 diabetes, both parents, and sister have all had diabetes during their lifetime. He has lost an uncle, grandfather and great grandmother to complications of diabetes. Stewart was diagnosed with type 2 diabetes in 1990. Since that time, he has been actively involved in the American Diabetes Association. Stewart was the Chairman of the National Board of Directors and Chair of the National Advocacy Committee for five years. He was Chair Bluegrass Chapter for a number of years and helped organize many of the fundraising events still in existence. He served as the Kentucky Affiliate Board of Vice-Chair and was Chair-Elect when it became a part of the Southern Region where he served as the Chair of the Southern Region. He also is a former member of the National Board of Directors. He is the State of Kentucky State Advocacy Chair for ADA. Stewart is a member of the Kentucky Diabetes Network and a founding member of the Fayette County Diabetes Collation. Stewart was appointed by two different Governors of Kentucky to the GET FIT KY Board and The Diabetes Research Trust Fund Board where he currently still serves. Stewart is one of the founders of the National Diabetes Volunteer Leadership Council and currently serves as an officer of that organization, where he has been instrumental in passing Diabetes Action Plan legislation in 18 states over the past four years. Stewart serves on the board of Children with Diabetes.



Kenny Rodenheiser, BSN, RN, CDCES

Board Member

Kenny Rodenheiser, BSN, RN, CDCES, was diagnosed in April 2003 and has been part of the CWD family since 2004. He currently serves as a member of CWD's Board of Directors and leads TeamCWD. After many years of volunteering with various diabetes organizations, he realized his passion was to educate, motivate, and advocate for all people with diabetes. He earned his Bachelors of Science in Nursing from Ramapo College of New Jersey and shortly after earned his credentials as a Certified Diabetes Care and Education Specialist.



Cherise Shockley

Board Member

Cherise Shockley was diagnosed with LADA (Latent Autoimmune Diabetes in adults) June 2004. She is the founder of Diabetes Social Media Advocacy (#dsma), creator of the Blue Fridays initiative and WOCDiabetes (Women of Color living with Diabetes). Cherise is a subject matter expert in diabetes social media, online communities, and peer support. She is a wife, mother, and veteran.



DID YOU KNOW?

Like humans, the skin of a rhino is very sensitive to the sun. Thus, they love taking mud baths to cover their skin. This also helps to trap ticks and other parasites - once the mud dries up, they scratch against a tree which then removes these parasites.



A future without T1D starts with **you**.

What is TrialNet T1D Risk Screening?

TrialNet screening is unique. A simple blood test can identify up to five autoantibodies that signal an increased risk of type 1 diabetes (T1D). These autoantibodies may show up years before symptoms appear.

TrialNet T1D Risk Screening is Free

TrialNet screening is free, easy, and the results are super important. If you have a history of type 1 diabetes in your family, you may be eligible for T1D risk screening at no charge to you:



Anyone between the ages of 2.5 and 45 with a sibling, child or parent with type 1 diabetes.

• • • or • • •



Anyone between the ages of 2.5 and 20 with a sibling, child, parent, cousin, uncle, aunt, niece, nephew, grandparent or half-sibling with type 1 diabetes.

TrialNet screening is available at this event, but if you can't make it, we can schedule an appointment or mail a test kit to you. For more information, contact Jennifer Hosford at University of Florida phone at **352.294.5759** or email jennifer.hosford@peds.ufl.edu

Event Details

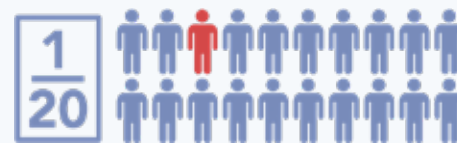
Visit the TrialNet Booth in the Friends for Life Exhibit Hall July 5-8 to get screened!

Sign the [consent form](#) ahead of time



Why get screened?

- T1D family members have a 1 in 20 risk of developing the disease. That's a 15x greater risk than the general population risk of 1 in 300.



- TrialNet screening reveals if you or your child are in the early stages of T1D.
- The ability to screen for risk of T1D provides an opportunity to participate in research that aims to prevent disease progression.
- Participants receive close monitoring; their risk of being diagnosed in diabetes ketoacidosis (DKA) decreases from 30% to less than 4%.



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